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SUGGESTED USE: Take 6-12 capsules daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE

†This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid. Glucosamine Salt (Quatrefolic®), Quatrefolic is a registered trademark of Gnosis S.p.A, ††This product uses Albion's TRAACS® Chromium Nicotinate Glycinate chelate and Molyhdenum Glycinate chelate. TRAACS is a registered trademark of Albion International, Inc. +++This product uses GeroNova Research's Bio-Enhanced® R-Lippic Acid and Indena S.p.A.'s silvbin phytosome (Siliphos®) curcumin phytosome (Meriva®) and green tea phytosome (Greenselect®), Bio- Enhanced is a registered trademark of GeroNova Research, Inc., and Siliphos, Meriva, and Greenselect are registered trademarks of Indena S.p.A. ++++This product uses Albion's Bororganic™ Boron Glycinate Complex. Bororganic is a trademark of Albion International, Inc. Taraxacum PE 4:1



THORNE®

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Basic Detox Nutrients

DIETARY SUPPLEMENT



SUPPLEMENT FACTS

Serving Size: Twelve Capsules Servings Per Container: 30

Twelve Capsules Contain:		%DV	Twelve Capsules Contain:	
Vitamin A (3,750 mcg from Beta Carotene			Zinc (as Zinc Picolinate)	30 mg
and 750 mcg as Palmitate)	4.5 mg	500%	Selenium (as L-Selenomethionine)	200 mcg
Vitamin C (as Calcium Ascorbate)	1 g	1,111%	Manganese (as Manganese Picolinate)	6 mg
Vitamin D (as Vitamin D3) (1,600 IU)	40 mcg	200%	Chromium (as TRAACS® Chromium Nicotinate	
Vitamin E (as d-Alpha Tocopheryl)	268 mg	1,787%	Glycinate Chelate)††	200 mcg
Vitamin K (as Vitamin K1)	100 mcg	83%	Molybdenum (as TRAACS® Molybdenum	
Thiamin (as Thiamin HCI)	200 mg	16,667%	Glycinate Chelate)††	100 mcg
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	50 mg	3,846%	N-Acetyl-L-Cysteine	200 mg
Niacin (100 mg as Niacinamide and			Methyl Sulfonyl Methane (MSM)	100 mg
30 mg as Niacin)	130 mg	813%	Silybin Phytosome††† (Silybum marianum extract	
Vitamin B6 (as Pyridoxal 5'-Phosphate)	100 mg	5,882%	(fruit) / Phospholipid complex from Sunflower)	100 mg
Folate (500 mcg as Calcium Folinate and			Curcumin Phytosome††† (Curcuma longa extract	400
500 mcg as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid.			(root) / Phospholipid complex from Sunflower)	100 mg
	1.7 mg DFE	425%	Inositol	60 mg
Vitamin B12 (225 mcg as Adenosylcobalamin		12010	Green Tea Phytosome † † † (Camellia sinensis extract (leaf) / Phospholipid complex from Sunflower)	50 mg
and 225 mcg as Methylcobalamin)	450 mcg	18,750%	R-Lipoic Acid (as Sodium R-Lipoic Acid)†††	50 mg
Biotin	400 mcg	1,333%		
Pantothenic Acid (as Calcium Pantothenate)	400 mg	8,000%	Boron (as Bororganic™ Boron Glycinate Complex)†	††† 3 mg
Choline (as Choline Citrate)	106 mg	19%	Lutein (from Aztec Marigold extract (flower) (Tagetes erecta))	288 mca
Calcium (60 mg as Calcium Ascorbate, 120 mg a			Vanadium (as Vanadium Picolinate)	100 mcg
Calcium Citrate, and 120 mg as Calcium Malat	e) 300 mg	23%	Tanadam (ab Fanadam Fiosinato)	100 11109
lodine (as Potassium lodide)	150 mcg	100%	*Daily Value (DV) not established.	
Magnesium (240 mg as Magnesium Citrate				
and 240 mg as Magnesium Malate)	480 mg	114%		

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide,

‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



30 mg 273% 200 mcg 364%

6 mg 261%

200 mca 571% 100 mcg 222%

VMD LVMD24

manufactured for: THORNE RESEARCH, INC., 1-800-228-1966