



Healthy Aging[‡] Foundations

SUGGESTED USE: Take 3-6 capsules daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

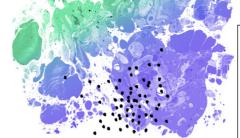
If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE

†This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A. ††This product uses Albion's DimaCal® DiCalcium Malate. DimaCal is a registered trademark of Albion International, Inc. +++This product uses Albion® DiMagnesium Malate. Albion is a registered trademark of Albion International, Inc. ††††This product uses Albion's TRAACS® Chromium Nicotinate Glycinate Chelate, Copper Bisglycinate Chelate, Manganese Bisglycinate Chelate, Molybdenum Glycinate Chelate, and Zinc Bisglycinate Che-Jate. TRAACS is a registered trademark of Albion International. Inc. +++++This product uses Indena S.p.A.'s bilberry extract (Mirtoselect®). Mirtoselect is a registered trademark of Indena S.p.A. ++++++This product contains Chroma-Dex Inc.'s proprietary Nicotinamide Riboside ingredient, Niagen®, Niagen is a registered trademark of ChromaDex. Inc. Patent: See ChromaDexPatents. com †††††††This product uses Albion's Bororganic™ Boron Glycinate Complex, Bororganic is a trademark of Albion International, Inc.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



THORNE®

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Extra Nutrients

DIETARY SUPPLEMENT



SUPPLEMENT FACTS

Serving Size: Six Cansules Servings Per Container: 30

Six Capsules Contain:		%DV	Six Capsules Contain:	
Vitamin A (2,500 IU/375 mcg from Beta			Zinc (as TRAACS® Zinc	
Carotene and 2,500 IU/750 mcg as			Bisglycinate Chelate)††††	15 mg
Palmitate) (5,000 IU)	1.125 mg		Selenium (as L-Selenomethionine)	200 mcg
Vitamin C (as Ascorbic Acid)	850 mg		Copper (as TRAACS® Copper	
Vitamin D (as Vitamin D3) (2,000 IU)	50 mcg	250%	Bisglycinate Chelate)††††	1.5 mg
Vitamin E (200 IU as d-Alpha Tocopherol			Manganese (as TRAACS® Manganese	
from Mixed Tocopherols)	134 mg AT	893%	Bisglycinate Chelate)††††	6 mg
Vitamin K (50 mcg as Vitamin K1 and			Chromium (as Chromium	
50 mcg as Vitamin K2 as MK-7)	100 mcg	83%	Nicotinate Glycinate Chelate)††††	200 mcg
Thiamin (as Thiamin HCI)	40 mg	3,333%	Molybdenum (as TRAACS® Molybdenum	
Riboflavin (as Riboflavin 5'-Phosphate Sodiu	m) 10 mg	769%	Glycinate Chelate)††††	100 mcg
Niacin (130 mg as Niacinamide and			Quercetin Phytosome (Sophora japonica	
30 mg as Niacin)	160 mg	.,	concentrate (leaf) / Phospholipid	
Vitamin B6 (as Pyridoxal 5'-Phosphate)	10 mg	588%	complex from Sunflower)	100 mg
Folate (1 mg as L-5-Methyltetrahydrofolate†			Bilberry extract (fruit) (Vaccinium myrtillus)††††	† 80 mg
from L-5-Methyltetrahydrofolic Acid,			Glutathione (Reduced)	50 mg
Glucosamine Salt)	1.7 mg DFE	425%	Nicotinamide Riboside Chloride†††††	25 mg
Vitamin B12 (225 mcg as Adenosylcobalamin		10 7500/	Trans-Resveratrol	25 mg
and 225 mcg as Methylcobalamin)		18,750%	Mixed Carotenoids (1 mg as Lutein, 1 mg as	
Biotin	400 mcg		Astaxanthin, 1 mg as Zeaxanthin,	
Pantothenic Acid (as Calcium Pantothenate)	450 mg		and 1 mg as Lycopene)	4 mg
Choline (as Choline Citrate)	35 mg		Boron (as Bororganic™ Boron	
Calcium (as DimaCal® DiCalcium Malate)††			Glycinate Complex)††††††	3 mg
lodine (as Potassium lodide)	225 mcg	150%	Vanadyl Sulfate	250 mcg
Magnesium (as Albion®			*Daily Value (DV) not established.	
DiMagnesium Malate)†††	250 mg	60%	bully value (bv) not established.	



15 mg 1369

200 mcg 3645

1.5 mg 1679

6 mg 261%

200 mca 571% 100 mcg 222% LVMX20

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Potassium Citrate, Silicon Dioxide. manufactured for: THORNE RESEARCH, INC., 1-800-228-1966