Suggested Use:

Take 1 capsule three times a day with a meal or as directed by your physician.

Caution:

If pregnant or nursing, consult your physician before using this or any other product.

Keep out of reach of children.

Store in a cool, dry place.

Manufactured in the USA in a GMP compliant facility.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Magnesium³

Dietary Supplement

Highly Bioavailable Magnesium Compounds*
(Magnesium Citrate, Bisglycinate & Ascorbate)

NON-GMO | NO EXCIPIENTS

90 Capsules

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 90

Amount Per Serving %

106 mg

Magnesium

(as trimagnesium dicitrate anhydrous,

magnesium bisglycinate,

magnesium L-ascorbate 2-hydrate)

Other ingredients: magnesium carbonate, citric acid, glycine, magnesium hydroxide, ascorbic acid, vegetarian capsule (hypromellose, purified water).

Dairy, Soy, Egg & Gluten Free. Vegetarian.

Vegetarian

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