Informed-Choice® is a quality assurance program that certifies that all nutritional supplements and/or ingredients that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.

AMOUNTS PER SERVING	PROTEIN	CALORIES	CARBS	FAT	SUGAR	BCAAs	LEUCINE	LACTOSE
	25g	110	2g	0g	<1g	5.5g	2.7g	0g

ISO100® is simply muscle-building fuel. Each serving contains 25g of protein and 5.5g of BCAAs including 2.7g of L-Leucine.

ULTRAPURE, SUPER FAST-DIGESTING AND ABSORBING HYDROLYZED 100% WHEY PROTEIN ISOLATE

If your goal is gains in muscle size and strength, then ISO100 is your perfect workout partner. Loaded with muscle building amino acids, ISO100 can support even the most serious resistance-training programs.

Known worldwide for quality, taste and purity, ISO100 is produced to our highest quality standards. ISO100 is formulated using a cross-flow microfiltration, multi-step purification process that preserves important muscle-building protein fractions while removing excess carbohydrates, fat, lactose and cholesterol.

ISO100 is made with pre-hydrolyzed protein sources to ensure fast digestion and absorption.

Available in a variety of delicious, indulgent flavors, ISO100® is the perfect before-workout, after-workout, anytime protein.

REAL SCIENCE & QUALITY

Dymatize® proteins are formulated based on the latest science and put to the test in university studies and at elite professional training facilities. Dymatize protein powders are always manufactured in GMP and Sport Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice® (www.informed-choice.org).

DYMATIZE PROTEIN ETHICS

100% of the protein claimed per serving is derived from high-quality, pure, intact proteins. We do not amino spike.

GET DYMATIZED™

COOKIES & CREAM
naturally and artificially flavored

Dymatize®

NET WT 25.6 OZ (1.6 LB) 725 g

SOLD BY WEIGHT NOT VOLUME

PROTEIN	BCAAs	LEUCINE
25g	5.5g	2.7g

ISO100®
HYDROLYZED

PROTEIN POWDER
100% WHEY PROTEIN ISOLATE*

24 SERVINGS
BANNED SUBSTANCE TESTED + GLUTEN FREE

COOKIES & CREAM
naturally and artificially flavored

*100% of the Protein from Whey Protein Isolate.
Notice: Use this product as a Food Supplement only. Do not use for weight reduction.

Dymatize
PERFECTING ATHLETIC NUTRITION

DIRECTIONS: Formulated for easy mixing. Add one scoop (included) to 5-6 oz. (150ml-180ml) of water, milk or your favorite beverage and mix thoroughly. Enjoy prior to workouts, within 30 minutes after workouts or anytime you desire a high-quality, high-protein drink.

Nutrition Facts

Serving Size: 1 Scoop (30g)
Servings Per Container: About 24

Amount Per Serving	% Daily Value*
Calories 110 — Calories from Fat 0	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 110mg	5%
Potassium 160mg	5%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars <1g	
Protein 25g	50%
Vitamin A 0% • Vitamin C 0%	
Calcium 10% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: HYDROLYZED WHEY PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, NATURAL AND ARTIFICIAL FLAVORS, COCOA POWDER (PROCESSED WITH ALKALI), SOY LECITHIN, SALT, POTASSIUM CHLORIDE, SUCRALOSE, STEVIOL GLYCOSIDES (STEVIA).

CONTAINS: MILK AND SOY.

Manufactured for and distributed by:
Dymatize Enterprises, LLC
Dallas, TX 75207 USA
(888) 334-5326

TYPICAL AMINO ACID PROFILE**
25g TOTAL AMINO ACIDS PER SERVING

2:1:1 RATIO BCAAs 5.5 g
LEUCINE 2.7 g
OTHER EAAs 6.3 g

47%
ESSENTIAL AMINO ACIDS (EAAs): **11.8 g**
Why Leucine?
Leucine is the BCAA that is directly involved in activating Muscle Protein Synthesis.

GLUTAMINE† 4.4 g
OTHER CEAAs 2.4 g

27%
CONDITIONALLY ESSENTIAL AMINO ACIDS (CEAAs): **6.8 g**
Is Glutamine important?
Yes! Glutamine supports muscle recovery after strenuous workouts.

NON-EAAs 6.5 g

26%
NON-ESSENTIAL AMINO ACIDS (NON-EAAs): **6.5 g**
Why is non-essential... essential?
Non-Essential aminos are foundational building blocks of muscle!

**All Amino Acids are naturally occurring in protein. Amounts are based on one serving. Full Amino Acid Profile can be found at: Dymatize.com/Iso100
†Includes Glutamic Acid

MADE IN THE USA FROM DOMESTIC AND INTERNATIONAL INGREDIENTS

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

DYMATIZE.COM

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