

Taurine 500 mg

Taurine is a semi-essential amino acid. Free form amino acid, high purity, well tolerated.

Suggested Use

As a dietary supplement, 1 capsule one or two times daily between meals, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.



AllergyResearchGroup®

Taurine 500 mg

Free Form Amino Acid



dietary supplement

HYPOALLERGENIC

100 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	100

Amount Per Serving	% Daily Value
Taurine	500 mg †

†Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

Formulated exclusively for Allergy Research Group®
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