

L-Methionine

L-methionine, an essential sulfur-bearing amino acid. Free form amino acid, high purity, well tolerated.

Suggested Use

As a dietary supplement, 1 capsule one to three times daily between meals, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.



AllergyResearchGroup®

L-Methionine

Free Form Amino Acid



dietary supplement
HYPOALLERGENIC
100 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	100

Amount Per Serving	% Daily Value
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L-Methionine	500 mg	†
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† Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

Formulated exclusively for Allergy Research Group®
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