

**SUGGESTED USE:** Adults, as a dietary supplement, take one (1) capsule daily with a meal.

**KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS BROKEN.**

**IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

Dr. Mercola has been providing quality products since 2001.

10068-v405



# DR. MERCOLA®

## PREMIUM SUPPLEMENTS

# ASTAXANTHIN

**4 mg**

with 300 mg ALA  
Per Capsule

**Dietary Supplement**

**90 Capsules**

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 90

|                                                                    | Amount Per Serving | %DV  |
|--------------------------------------------------------------------|--------------------|------|
| Calories                                                           | 5                  |      |
| Total Fat                                                          | 0.5 g              | <1%* |
| Organic Astaxanthin (from <i>Haematococcus pluvialis</i> ) Extract | 4 mg               | **   |
| Alpha-Linolenic Acid (ALA) (from Perilla Seed Oil)                 | 300 mg             | **   |

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value (DV) not established.

**OTHER INGREDIENTS:** Capsule (Fish Gelatin), Sunflower Lecithin, Organic Olive Oil, Rosemary Leaf Extract.

**CONTAINS FISH (TILAPIA).**

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696