

ASTAXANTHIN

- Special formula combines organic astaxanthin, a unique lipid-soluble carotenoid, with alpha-linolenic acid (ALA), an omega-3 fatty acid, to assist in maximum nutrient absorption†
- Free radical scavenger that assists in the protection of the brain and nervous systems†
- Supports healthy immune function and heart health†
- Helps in the maintenance of normal joint function and alleviates occasional joint discomfort following exercise†
- Available in two doses, 4mg with alpha-linolenic acid and 12mg, to help tailor to your individual health needs

Why Choose Hard Capsules?

- Hard capsules provide a better barrier to protect the ingredients from oxygen and moisture
- Each capsule contains a bubble of nitrogen to help prevent oxidation
- My hard capsules are bovine-free and produced without the use of plasticizers or preservatives

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DR. MERCOLA®
PREMIUM SUPPLEMENTS

ASTAXANTHIN

4 mg

WITH 300 mg ALA
PER CAPSULE

Dietary Supplement

30 Capsules

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with a meal.

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	5	
Total Fat	0.5 g	<1%*
Organic Astaxanthin (from <i>Haematococcus pluvialis</i>) Extract	4 mg	**
Alpha-Linolenic Acid (ALA) (from <i>Perilla</i> Seed Oil)	300 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

OTHER INGREDIENTS: Capsule (Fish Gelatin), Sunflower Lecithin, Organic Olive Oil, Rosemary Leaf Extract.

CONTAINS FISH (TILAPIA).

DISTRIBUTED BY: NHP
125 SW 3rd Place
Cape Coral, FL 33991 USA
(877) 985-2696

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

**IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION
OR HAVE A MEDICAL CONDITION, CONSULT YOUR
PHYSICIAN BEFORE TAKING THIS PRODUCT.**

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"I am passionate about formulating my products using a holistic approach for optimal health and wellness."

-Dr. Joseph Mercola



- **Premium Products** — Compare my ingredients to other leading brands. You'll see the pride taken in producing simple, high quality products you can trust.
- **My Mission** — Partner with leading charities committed to protect your right to achieve optimal health.