

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 2 capsules, 1-4 times daily, with meals.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



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our hypoallergenic
supplements

Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



MSM
capsules

OptiMSM®

*Supports healthy
connective tissue†*

Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement
360 CAPSULES



Supplement Facts

Serving size 2 capsules
Servings per container 180

	Amount Per Serving	%DV
Methylsulfonylmethane (MSM)	1,700 mg	*

*Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water)

OptiMSM® is a registered trademark of Bergstrom Nutrition.

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.