

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 2 capsules, 1-4 times daily, with meals.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



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our hypoallergenic
supplements

Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



MSM
capsules

OptiMSM®

*Supports healthy
connective tissue†*

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

250 CAPSULES



Supplement Facts

Serving size 2 capsules
Servings per container 125

Amount Per Serving	%DV
Methylsulfonylmethane (MSM)	1,700 mg *

*Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water)

OptiMSM® is a registered trademark of Bergstrom Nutrition.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
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code: **MSM2**