

GNC NATURAL BRAND™ CLEAR MIXING SUPER FIBER WITH PROBIOTICS

Each serving of GNC Natural Brand™ Clear Mixing Super Fiber with Probiotics combines 6 grams of clinically studied, all-natural, soluble vegetarian fiber to improve regularity with 1 billion CFU of probiotics proven to help stimulate the growth of healthy, “friendly” bacteria in the digestive tract.* When taken together, fiber and probiotics can help support optimal digestive health.*

Both fiber and probiotics offer many health benefits. Experts recommend that adults consume 25 to 35 grams of fiber per day to maintain good health and support healthy digestive function.* Fiber increases bulk and aids in the transit of food through the intestines, provides relief from occasional constipation, and gently cleanses the colon.* It also aids in eliminating unwanted toxins from the body. Probiotics work to keep a healthy balance of intestinal flora by reducing the amount of harmful bacteria in the digestive tract and stimulating the growth of beneficial, “friendly” bacteria.* Probiotics have also been shown to help reduce bloating and stomach discomfort and enhance overall health and well-being.* Including GNC Natural Brand™ Clear Mixing Super Fiber with Probiotics as part of your healthy habits each day is an excellent way to ensure you get the fiber and probiotics you need to help maintain a healthy digestive system.*

GNC Natural Brand™ Clear Mixing Super Fiber with Probiotics is unflavored and mixes easily with water or your favorite beverage. Simply stir and watch fine fiber granules dissolve completely. It may also be added to recipes during baking and cooking.

To ensure a complete nutritional program, be sure to include one of GNC’s premium multivitamins in your daily nutritional regimen.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

NEW

NATURAL BRAND™

CLEAR MIXING SUPER FIBER with PROBIOTICS

dietary supplement

6 grams fiber
per serving

All-natural • Unflavored

Clinically proven fiber to
improve regularity*
1 billion active cultures

NET WT 7.9 OZ (0.5 LB) 225 G

CODE 424527

Directions: As a dietary supplement, mix three level scoops with 6-8 fl. oz. of cold beverage. Can also be sprinkled over cereal or stirred in yogurt.

BMG

Supplement Facts

Serving Size Three Level Scoops (7.5 g)

Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	30	
Total Carbohydrate	7 g	2%†
Dietary Fiber (as Sunfiber®)	6 g	24%†
Sugars	1 g	*

LAB4	1 Billion Viable Cells	*
<i>Lactobacillus acidophilus</i> (CUL 60)		
<i>Lactobacillus acidophilus</i> (CUL 21)		
<i>Bifidobacterium bifidum</i> (CUL 20)		
<i>Bifidobacterium lactis</i> (CUL 34)		

† Percent Daily Values are based on a 2000 calorie diet.

* Daily Value not established.

Other Ingredients: Sunfiber® Partially Hydrolyzed Guar Gum.

WARNING: Do not use if you develop diarrhea, loose stools or abdominal pain. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition. Taking this product without enough liquid may cause choking.

NOTICE: Significant product settling may occur.

Sunfiber® is a registered trademark of Taiyo International, Inc. Use of Sunfiber® is protected by US Trademark Registration No. 2,930,937.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For more information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
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