

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 2 capsules, 1-2 times daily, with or between meals.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



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our hypoallergenic
supplements

Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



Muscle Cramp/Tension Formula

*Helps ease mild muscle cramps
and tension†*

**Gluten-free, Non-GMO
& Hypoallergenic**

Dietary Supplement

180 CAPSULES



Supplement Facts

Serving size 2 capsules
Servings per container 90

	Amount Per Serving	%DV
Calcium (as calcium citrate)	50 mg	4%
Magnesium (as magnesium citrate and 33% as magnesium glycinate)	150 mg	36%
Potassium (as potassium citrate)	50 mg	1%
Passionflower (<i>Passiflora incarnata</i>) extract (aerial parts)	100 mg	*
Lemon balm (<i>Melissa officinalis</i>) extract (leaf)	50 mg	*
Chamomile (<i>Matricaria recutita</i>) extract (flower)	50 mg	*

*Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water),
ascorbic acid

**†This statement has not been evaluated by the Food and
Drug Administration. This product is not intended to
diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**

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