



**If you're serious about performance and results, you need the ALL-NEW MuscleTech® Performance Series!**

- NO Proprietary Blends
- NO Underdosed Key Ingredients
- NO Banned Substances
- NO Fillers
- NO Hype
- NO Exceptions

**Just the Most Powerful Formulas Available**

#### The Most Powerful Protein Formula Ever Developed

NITRO-TECH® is a scientifically engineered whey + isolate lean musclebuilder formula designed for all athletes who are looking for more muscle, more strength and better performance. NITRO-TECH® contains protein sourced primarily from whey protein peptides and whey isolate – two of the cleanest and purest protein sources available to athletes. NITRO-TECH® is also enhanced with the most studied form of creatine for even better gains in muscle and strength.\*

#### • 70% Better Than Regular Whey Protein for Gains in Lean Muscle

In a 6-week, double-blind study involving 36 lean subjects with at least 5 years of weight training experience divided into 3 groups, subjects combining the core ingredients in NITRO-TECH® with a weight-training program gained 70% more lean muscle than subjects using regular whey protein (8.8 vs. 5.1 lbs.) and increased their bench press more than subjects using regular whey protein (26 vs. 16 lbs.). These same subjects even gained 8 times as much lean muscle as subjects using a placebo (8.8 vs. 1.0 lbs.).\* This formula provides 30g of protein from ultra-pure protein. Plus, it delivers a clinically proven dose of creatine.

#### • Build More Strength Than Regular Whey Protein

Each scoop of NITRO-TECH® contains a research-proven dose (3g) of creatine monohydrate. Combined in NITRO-TECH®, whey protein and creatine build more strength than regular whey protein. In one study, subjects using the whey/creatine combination in NITRO-TECH® increased their 1 rep max bench press by 26 lbs., compared to only 16 lbs. for subjects using regular whey protein.\*

#### • Ultra-Clean Protein Formula

A single scoop of NITRO-TECH® contains 30g of protein, primarily from whey protein peptides and whey isolate, with only 3g of carbs and 2.5g of fat. Most protein powders deliver significantly less protein per scoop, while some protein formulas are loaded with fat and carbs. The whey protein in NITRO-TECH® has been filtered using Multi-Phase Filtration Technology for less fat, lactose and impurities than cheaper protein sources.

See Supplement Facts for cholesterol content.

#### REFERENCES

1. Burke et al., 2001. International Journal of Sport Nutrition and Exercise Metabolism, 11(2):243-54.

#### • Best-in-Class Taste

Every flavor of NITRO-TECH® was in-head to head third party taste tests against leading competitors.

#### • Get More for Your Money

Unlike the competition, Performance Series products contain superior key ingredients in clinically dosed amounts that are fully disclosed, so you know exactly what you are paying for.

#### 70% BETTER THAN WHEY



Research conducted and published in a scientific journal shows that subjects using the core ingredients in NITRO-TECH® gained 8.8 lbs. of lean muscle in 8 weeks, compared to subjects who used regular whey protein and gained 5.1 lbs.\* These results are based on testing at St. Francis Xavier University.



PERFORMANCE SERIES

# NITRO-TECH

WHEY PEPTIDES & ISOLATE PRIMARY SOURCE\*

**30g**  
Protein

**2g**  
Sugar

**3g**  
Creatine

BUILDS 70% MORE  
LEAN MUSCLE THAN  
REGULAR WHEY\*\*

AMPLIFIES RECOVERY,  
PERFORMANCE  
& STRENGTH\*

**6.8g**  
BCAA

**5g**  
Glutamine  
& Precursor

**3.3g**  
Leucine



**STRAWBERRY**  
NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT NET WT. 4.00 lbs. (1.81 kg)



#### Supplement Facts

Serving Size: 1 Scoop (40g)

Servings Per Container: Approx. 40

| Amount Per Serving                              | % Daily Value |
|-------------------------------------------------|---------------|
| <b>Calories</b>                                 | 150           |
| <b>Calories from Fat</b>                        | 20            |
| <b>Total Fat</b>                                | 2.5g 4%       |
| <b>Saturated Fat</b>                            | 2.5g 5%       |
| <b>Cholesterol</b>                              | 30mg 10%      |
| <b>Total Carbohydrate</b>                       | 3g 1%         |
| <b>Sugars</b>                                   | 2g 1%         |
| <b>Protein</b>                                  | 30g 60%       |
| <b>Calcium</b>                                  | 170mg 17%     |
| <b>Sodium</b>                                   | 0.00mg 0%     |
| <b>Other Active Ingredients</b>                 |               |
| Leucine (as Whey Protein and L-Leucine)         | 3.3g 4        |
| L-Isoleucine (as Whey Protein and L-Isoleucine) | 1.6g 4        |
| L-Valine (as Whey Protein and L-Valine)         | 1.2g 4        |
| <b>Scientifically Blended MuscleBuilder</b>     |               |
| Creatine Monohydrate                            | 3g 4          |

\*Percent Daily Values are based on a 

\*\*Daily Values not established.

**Other Ingredients:** Isolate Protein & Peptide Blend (Whey Peptides, Whey Protein Isolate, Whey Protein Isolate 90%), Whey Protein Concentrate, Natural and Artificial Flavors, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Soy or Soybean Lecithin, Beet Juice (Color), Salt, Enzymes (Papain, Amylase, Calcium Carbonate, Sucralose, Citric Acid, Malic Acid, Acesulfame Potassium). Contains milk and soy ingredients. Processed in a facility that processes wheat, egg, tree nut, peanut, fish and shellfish ingredients.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product contains 3g of creatine per serving, which is in addition to the 30g of protein per serving shown in the Supplement Facts. Creatine in combination with whey protein has been clinically shown in a published study in The International Journal of Sport Nutrition and Exercise Metabolism to be more effective for building muscle than just whey protein alone. There are no added amino acids contained within this formula that are counted towards the total amount of protein listed on the label.

\*MuscleTech® is America's #1 Selling Rebuilding Supplement brand based on cumulative wholesale dollar sales 2001 to present.

[muscletech.com](http://muscletech.com)

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#### The NITRO-TECH® Advantage

| Ingredient                      | NITRO-TECH® | Main Competitor |
|---------------------------------|-------------|-----------------|
| Protein                         | 30g         | 24g             |
| BCAA                            | 6.8g        | 5.5g            |
| Leucine                         | 3.3g        | 2.5g            |
| Creatine                        | 3g          | 0g              |
| Sucralose & Preservatives       | 0g          | 6.1g            |
| Scientifically Better Than Whey | ✓           | ✗               |

**Directions:** Mix 1 serving (1 scoop) in 8 oz. or 2 servings (2 scoops) in 12 oz. of cold water or skim milk in a glass or shaker cup. Use between major meals and after exercise. Drink 8 to 10 glasses of water daily. For maximum results, consume 4 scoops of NITRO-TECH® daily for a minimum of 6 weeks.

Note: This product is sold by weight. Some settling may occur. Shake container before use.

Store in a cool, dry place (60°F to 85°F). Do not use if packaging has been tampered with.

**WARNING:** Not intended for use by persons under 18. Do not use if pregnant or nursing. Consult a medical doctor before starting any diet or exercise program or if you have a medical condition. **KEEP OUT OF REACH OF CHILDREN.**

**NOTICE:** USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

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