

What makes this a "premium" greens drink mix? NuMedica® has added a full complement of vitamins and minerals, supplying at least 30% of the recommended daily value per serving in addition to all the naturally occurring nutrients found in the greens and superfoods blend. We have chosen the highest quality, active forms of, or "body-ready", B-vitamins, methylcobalamin and pyridoxal-5'-phosphate instead of using inferior forms which are harder for the body to utilize.* Additionally, we have added premium ingredients such as AlgaeCal® and BrocColinate®. AlgaeCal® is a superior, certified organic, plant-derived wholefood complex supplying natural calcium and minerals and BrocColinate® is an extract from broccoli sprouts that has been heavily studied for its ability to aid Phase II detoxification and provide powerful antioxidant properties.* Power Greens® Premium contains a full spectrum, advanced adaptogenic herb blend designed to support the body's stress response and adrenal function.* DDS-1® dairy-free probiotics are included since they are among the best available for maintaining healthy intestinal flora and GI function.* The 5-MTHF in this formula, Quatrefolic®- is the most biologically active form of folate, allowing rapid uptake into the bloodstream.* The 5-MTHF in this formula is also known as the "L" form of 5-MTHF since it is the reduced form of folate. This formula also has a very high ORAC value, or antioxidant potential, since it has been crafted to include ingredients known to aid in the elimination of free radicals and slow the aging process.*

Supplement Facts

Serving Size: 11.7 g (1 scoop)
Servings per Container: 21 (245.7 g)

	Amount	% DV*
Calories	38	
Calories from Fat	7	
Total Fat	< 1 g	< 2 %
Saturated Fat	< 1 g	< 1 %
Trans Fat	0 g	**
Cholesterol	0 mg	0 %
Sodium	13 mg	< 1 %
Total Carbohydrates	6.9 g	< 3 %
Dietary Fiber	1 g	4 %
Sugars (naturally-occurring; not added)	2.8 g	**
Protein	1 g	2 %
Vitamin A (as beta carotene)	1,500 IU	30 %
Vitamin C (as ascorbic acid)	60 mg	100 %
Vitamin D2 (as ergocalciferol)	120 IU	30 %
Vitamin D3 (as cholecalciferol; plant-derived)	120 IU	30 %
Vitamin E (as α -tocopheryl acetate)	9 IU	30 %
Vitamin K1 (as phytoladione)	80 mcg	30 %
Vitamin B1 (as thiamin HCl)	450 mcg	30 %
Vitamin B2 (as riboflavin)	510 mcg	30 %
Niacin (as niacinamide)	6 mg	30 %
Vitamin B6 (as pyridoxal-5'-phosphate)	600 mcg	30 %
Folate (600 mcg folic acid and 200 mcg 5(methyltetrahydrofolic acid, glucosamine salt))	600 mcg	150 %
Vitamin B12 (as methylcobalamin)	30 mcg	500 %
Biotin	90 mcg	30 %
Pantothenic Acid (as calcium d-pantothenate)	3 mg	30 %
Calcium (as tricalcium phosphate, AlgaeCal®)	350 mg	35 %
Iron (as ferric orthophosphate)	5.4 mg	30 %
Phosphorus (as dipotassium phosphate, magnesium phosphate, tricalcium phosphate)	300 mg	30 %
Iodine (as potassium iodide)	45 mcg	30 %
Magnesium (as magnesium phosphate, AlgaeCal®)	120 mg	30 %
Zinc (as zinc oxide)	4.5 mg	30 %
Selenium (as sodium selenite)	21 mcg	30 %
Copper (as copper sulfate)	600 mcg	30 %
Manganese (as manganese sulfate)	600 mcg	30 %
Chromium (as chromium picolinate)	120 mcg	100 %
Molybdenum (as sodium molybdate)	23 mcg	30 %

* Daily Values are based on a 2,000-calorie diet. ** Daily Value not established.

	Amount	% DV*
Potassium (as dipotassium phosphate, potassium iodide)	99 mg	3 %
Antioxidant & Superfruit Blend (High ORAC)	4,510 mg	**
Banana Powder (certified organic) (fruit), Banana Flakes (certified organic) (fruit), Apple Fruit 12:1 Extract, Goji Berry Powder (certified organic) (fruit), Pomegranate Powder (fruit), Mangosteen Powder (fruit), Acai Berry Extract (fruit), Apple Juice Powder (fruit), Grape Seed Extract, Pomegranate Extract (fruit), Mangosteen Extract (fruit), Deblittered Stevia Rebaudiana Extract (leaf), Bilberry Extract (fruit), Elderberry Extract (fruit), Blueberry Juice 150:1 Extract (fruit)		
Greens Blend	1,800 mg	**
Chlorella (broken cell wall), AlgaeCal® (Algae Calcareae) (certified organic), Spirulina, BrocColimate® (broccoli seed extract providing sulforaphane glucosinolate), Broccoli Powder (head), Cauliflower Powder (aerial parts), Kale Powder (leaf), Spinach Powder (leaf), Carrot Powder (taproot), Parsley Powder (leaf), Kelp 4:1 Extract (whole plant)		
Sunflower Lecithin (Non-GMO)	1,000 mg	**
Plant Fiber & Essential Omega Blend	600 mg	**
Black Chia Seeds (certified organic), Brown Flax Seeds (certified organic) (non-GMO), Apple Fiber Pectin		
Adaptogenic Herbs & Detoxifiers	425 mg	**
Astragalus Membranaceus Extract (root), Reishi Mushroom Extract (fruit body), Matsake Mushroom Extract (fruit body), Shiitake Mushroom Extract (fruit body), Cordyceps Extract (mycelium), Ginger Extract (root)		
Prebiotic & Probiotic Blend	355 mg	**
Inulin (from chicory root), L. Acidophilus (Super Strain DDS®-1)		
Digestive Enzyme Blend	200 mg	**
Protease I, Protease II, Amylase, Lipase, Lactase		
Immuni-Tea Boosting Blend	140 mg	**
Decaffeinated White Tea Extract (leaf), Decaffeinated Green Tea Extract (95% polyphenols, 50% EGCG) (leaf), Green Tea Whole Leaf Powder (certified organic), Yerba Mate Whole Leaf Powder		
Milk Thistle Extract (80% silymarin; root)	55 mg	**
Japanese Knotweed (20% resveratrol; root)	40 mg	**
Curcumin Extract (95% curcuminoids)	25 mg	**
Deglycyrrhizinated (< 2% DGL) Licorice Root Extract	3 mg	**

Other Ingredients: Natural fruit flavors, citric acid, guar gum.

Contains No: Wheat, milk, egg, fish, shellfish, tree nuts, peanuts, soy, artificial

AlgaeCal® is a trademark of AlgaeCal Distribution Inc. Patent number 5,822,400. DMS is a trademark of IACI, a subsidiary of IAC.

†As Quatrefolic® 5-MTHF, Quatrefolic® is a registered trademark of CMO Laboratories.

CAUTION: Keep out of reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

This Formula Meets or Exceeds cGMP Quality Standards.

Made with Vitality

 Activated B-Vitamins

 Alfa-Fit

NuMedica® 9503 E. 55th Place | Tulsa, OK 74145 | 800.869.8100 | www.numedica.com

 Vegan