



**PURE FOOD NUTRIENT-RICH CAPSULES 100% MADE,
PACKAGED, AND TESTED IN USA AND CANADA**

Suggested usage: 1 capsule per day or as directed by a health professional.
Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Our natural vitamin D3 is the bioactive form of vitamin D and is necessary for the efficient utilization of calcium, in turn helping to form and maintain strong bones and a healthy immune system.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Vitashine D3™ is a trademark of ESB Developments Ltd.

LOT & EXPIRY 1.3125" x .25" Single Line



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isura NON-GMO • MASS SPECT
Documentation Lab Tested

At Natural Factors state of the art laboratories, we use "mass spectrometry" to test for over 400 substances. Mass spectrometry can test at the molecular – even atomic – level, detecting environmental pollutants such as pesticides, herbicides, and fungicides, as well as heavy metals and other undesirable substances.



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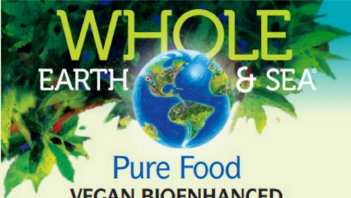
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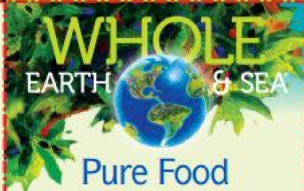


**Pure Food
VEGAN BIOENHANCED
VITAMIN D3
1000 IU
NON-GMO**

This bioenergetic formula is the
"SEED OF NUTRITION™"

Feel the Difference
Suitable for Vegans

90 Vegetarian Capsules
DIETARY SUPPLEMENT



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Supplement Facts

Serving Size 1 Vegetarian Capsule

	Amount Per Serving	% Daily Value
Vitamin D3 (cholecalciferol) (from lichen) (whole)	1000 IU	250%

Other ingredients: Microcrystalline cellulose, vegetarian capsule (carbohydrate gum [cellulose], purified water), vegetable lubricant (palm).



PRODUCT OF CANADA
wholenatural.com
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
1422A 167th Avenue SE
Monroe, WA 98272

**Purity • Potency
Guaranteed**
Recyclable
container and label.

35512U-R1

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ACTUAL SIZE



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**Purity • Potency
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The wonderful world of lichens

Sourced from wild harvested lichen, the plant-based vitamin D in this formula is in the natural form (cholecalciferol) and is better absorbed and utilized by the body. The lichen vitamin D3 is harvested and extracted in a sustainable manner and carefully processed to ensure optimum purity and stability. Lichens are small, unique composite organisms formed by a symbiotic and closely interacting relationship between fungi and algae. This gives them unique attributes such as surviving in extreme climates and having the ability to grow and accumulate meaningful levels of useful nutrients, including vitamin D3. To look at, lichens are like moss or small plants and can be found all over the world including extreme environments such as the Arctic and deserts.



\$2 from the purchase of each bottle goes to...
plant a seed & see what grows
FOUNDATION
www.seewhatgrows.org

Must leave this area for lot & expiry stamping. Placement is dependant on machine during packaging. Leave 2 areas for safety.



Made with 100% recycled material.