

THORNE®

Multi-Vitamin Elite A.M.

DIETARY SUPPLEMENT

90 CAPSULES

SUPPLEMENT FACTS

Serving Size: Three Capsules
Servings Per Container: 30

Three Capsules Contain:

Vitamin A (450 mcg from Beta Carotene and 600 mcg as Palmitate)	1.05 mg	117%
Vitamin C (as Ascorbic Acid)	250 mg	278%
Vitamin D (as Vitamin D3) (2,000 IU)	50 mcg	250%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	13.5 mg	90%
Vitamin K (100 mcg as Vitamin K1 and 100 mcg as Vitamin K2 as MK-4)	200 mcg	167%
Thiamin (as Thiamin HCl)	50 mg	4,167%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	12 mg	923%
Niacin (as Nicotinamide)	60 mg	375%
Vitamin B6 (as Pyridoxal 5'-Phosphate)	20 mg	1,176%
Folate (800 mcg as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolate Acid, Glucosamine Salt)	1 mg DFE	250%
Vitamin B12 (as Methylcobalamin)	600 mcg	25,000%
Biotin	500 mcg	1,667%
Pantothenic Acid (as Calcium Pantothenate)	45 mg	900%
Choline (as Choline Citrate)	18 mg	3%

**Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Lactate, Silicon Dioxide.
Gamma bicyclopentadiene does not have a recognized IU equivalent.

manufactured for: THORNE RESEARCH, INC., 1-800-228-1966

%DV

Three Capsules Contain:

Calcium (as TRACAS® Calcium Bisglycinate Chelate)	38 mg	3%
Iodine (as Potassium Iodide)	75 mcg	50%
Magnesium (as TRACAS® Magnesium Bisglycinate Chelate)	63 mg	15%
Zinc (as TRACAS® Zinc Bisglycinate Chelate)	10 mg	31%
Selenium (as L-Selenomethionine)	100 mcg	182%
Copper (as TRACAS® Copper Bisglycinate Chelate)	750 mcg	83%
Manganese (as TRACAS® Manganese Bisglycinate Chelate)	1.5 mg	65%
Chromium (as TRACAS® Chromium Nicotinate Glycinate Chelate)	200 mcg	571%
Molybdenum (as TRACAS® Molybdenum Glycinate Chelate)	50 mcg	111%
Curcumin Phytosome (Curcuma longa extract (root) / Phospholipid complex from Sunflower)	200 mg	**
Green Tea Phytosome (Camellia sinensis extract (leaf) decaffeinated / Phospholipid complex from Sunflower)	75 mg	**
6-Gamma Tocopherol (from Mixed Tocopherols)	24 mg	**
Boron (as Bororganic™ Boron Glycinate Complex)	1 mg	**
Lutein (from Aztec Marigold extract (flower) (Tagetes erecta))	300 mcg	**

**Daily Value (DV) not established.

WARNING: If pregnant or nursing, do not use this product; otherwise consult your health-care practitioner before using this product.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

VM114AM
LVM114-AM03

SUPPLEMENT FACTS FOR A.M.

Serving Size: Three Capsules
Servings Per Container: 30

Three Capsules Contain:

Vitamin A (450 mcg from Beta Carotene and 600 mcg as Palmitate)	1.05 mg	117%
Vitamin C (as Ascorbic Acid)	250 mg	278%
Vitamin D (as Vitamin D3) (2,000 IU)	50 mcg	250%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	13.5 mg	90%
Vitamin K (100 mcg as Vitamin K1 and 100 mcg as Vitamin K2 as MK-4)	200 mcg	167%
Thiamin (as Thiamin HCl)	50 mg	4,167%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	12 mg	923%
Niacin (as Nicotinamide)	60 mg	375%
Vitamin B6 (as Pyridoxal 5'-Phosphate)	20 mg	1,176%
Folate (800 mcg as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolate Acid, Glucosamine Salt)	1 mg DFE	250%
Vitamin B12 (as Methylcobalamin)	600 mcg	25,000%
Biotin	500 mcg	1,667%
Pantothenic Acid (as Calcium Pantothenate)	45 mg	900%
Choline (as Choline Citrate)	18 mg	3%
Calcium (as TRACAS® Calcium Bisglycinate Chelate)††	38 mg	3%
Iodine (as Potassium Iodide)	75 mcg	50%
Magnesium (as TRACAS® Magnesium Bisglycinate Chelate)††	63 mg	15%
Zinc (as TRACAS® Zinc Bisglycinate Chelate)††	10 mg	31%
Selenium (as L-Selenomethionine)	100 mcg	182%
Copper (as TRACAS® Copper Bisglycinate Chelate)††	750 mcg	83%
Manganese (as TRACAS® Manganese Bisglycinate Chelate)††	1.5 mg	65%
Chromium (as TRACAS® Chromium Nicotinate Glycinate Chelate)††	200 mcg	571%
Molybdenum (as TRACAS® Molybdenum Glycinate Chelate)	50 mcg	111%
Curcumin Phytosome††† (Curcuma longa extract (root) / Phospholipid complex from Sunflower)	200 mg	**
Green Tea Phytosome††† (Camellia sinensis extract (leaf) decaffeinated / Phospholipid complex from Sunflower)	75 mg	**
6-Gamma Tocopherol (from Mixed Tocopherols)	24 mg	**
Boron (as Bororganic™ Boron Glycinate Complex)†††††	1 mg	**
Lutein (from Aztec Marigold extract (flower) (Tagetes erecta))	300 mcg	**

**Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Lactate, Silicon Dioxide.
Gamma bicyclopentadiene does not have a recognized IU equivalent.

†This product uses Genesis S.p.A.'s L-5-Methyltetrahydrofolate Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Genesis S.p.A. ††This product uses Albion's TRACAS® Calcium Bisglycinate Chelate, Chromium Nicotinate Glycinate Chelate, Copper Bisglycinate Chelate, Manganese Bisglycinate Chelate, Magnesium Bisglycinate Chelate, Molybdenum Glycinate Chelate, and Zinc Bisglycinate Chelate. TRACAS is a registered trademark of Albion International, Inc. †††This product uses curcumin phytosome (Merivon®) and green tea phytosome (GreenVest®). Merivon and GreenVest are registered trademarks of Indena S.p.A. ††††This product uses Relatol® (a proprietary blend of a patented extract from Magnolia officinalis bark and a proprietary extract from Phellodendron amurense bark). Relatol is a registered trademark of InterHealth N.L. Its use in this product is protected by U.S. Patent Nos. 6,582,735 and 6,614,987. †††††This product uses Albion's Bororganic™ Boron Glycinate Complex. Bororganic is a trademark of Albion International, Inc.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KION®



Foundational



Sports Performance†

SUGGESTED USE: Take 3 capsules of the A.M. formula in the morning and 3 capsules of the P.M. formula in the evening daily with a meal or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottles are sealed. Store bottles tightly sealed in a cool, dry place.

WARNING: If pregnant or nursing, do not use this product; otherwise consult your health-care practitioner before using this product.



GLUTEN FREE

THORNE.COM

THORNE®

Multi-Vitamin Elite

DIETARY SUPPLEMENT

2 BOTTLES
90 CAPSULES EACH

VM114
CTNVM11403



manufactured for:
THORNE RESEARCH, INC., 1-800-228-1966