Informed-Choice® is a quality assurance program that certifies that all nutritional supplements and/or ingredients that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.

AMOUNTS PER SERVING	PROTEIN	CALORIES	CARBS	FAT	SUGAR	BCAAs	LEUCINE
	25g	130	2g	2g	0g	5.4g	2.3g

Elite Casein helps to keep your muscles supplied with a steady stream of amino acids, the building blocks of muscle protein.

SUSTAINED-ABSORBING 100% MICELLAR CASEIN

Casein is a unique protein derived from milk that breaks down more slowly in the digestive system which increases satiety and provides a slower release of muscle-building amino acids. So if your goal is to build muscle or avoid muscle protein breakdown in between meals or during sleep, Elite Casein is an excellent protein choice.

Elite Casein uses a cross-flow microfiltration processing to help preserve the natural state of casein protein's important muscle building properties.

Elite Casein is formulated by in-house research and development scientists by carefully selecting ingredients that meet strict quality standards and specifications.

All Elite Casein flavors are developed in-house so they are a delicious way to support those gains and your hard work. Instantized formulas provide easy mixing, ensuring that you get world class taste and a smooth, rich consistency in every casein shake.

REAL SCIENCE & QUALITY

Dymatize® proteins are formulated based on the latest science and put to the test in university studies and at elite professional training facilities. Dymatize protein powders are always manufactured in GMP and Sport Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice® (www.informed-choice.org).

DYMATIZE PROTEIN ETHICS

100% of the protein claimed per serving is derived from high-quality, pure, intact proteins.
We do not amino spike.

GET DYMATIZED™

COOKIES & CREAM
naturally and artificially flavored

20mm Bleed/Distortion Area
Recommended Copy Free

PROTEIN 25g | BCAAs 5.4g | LEUCINE 2.3g

ELITE CASEIN

Dymatize®

PROTEIN POWDER
100% MICELLAR CASEIN*

53 SERVINGS
BANNED SUBSTANCE TESTED + GLUTEN FREE

NET WT 4 LB (1.8 kg)

SOLD BY WEIGHT NOT VOLUME

COOKIES & CREAM
naturally and artificially flavored

*100% of the Protein from Micellar Casein.
Notice: Use this product as a Food Supplement only. Do not use for weight reduction.

Dymatize
PERFECTING ATHLETIC NUTRITION

DIRECTIONS: Mix one scoop (included) of Dymatize Elite Casein with 10-12 oz. of your favorite beverage. For optimal results, drink in the evening before bed, in place of small meals, or any other time a steady amino release is desired.

Nutrition Facts

Serving Size: 1 Scoop (34g)
Servings Per Container: About 53

Amount Per Serving	
Calories 130	Calories from Fat 15
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 210mg	9%
Potassium 170mg	5%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 25g	50%
Vitamin A 0% • Vitamin C 0%	
Calcium 60% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: MICELLAR CASEIN, SUNFLOWER CREAMER (SUNFLOWER OIL, MALTODEXTRIN, MICELLAR CASEIN, SOY LECITHIN, SODIUM CITRATE, TRICALCIUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVORS, COCOA POWDER (PROCESSED WITH ALKALI), SUNFLOWER LECITHIN, SALT, POTASSIUM CHLORIDE, CELLULOSE GUM, SUCRALOSE, XANTHAN GUM, ACESULFAME POTASSIUM, STEVIOL GLYCOSIDES (STEVIA).
CONTAINS: MILK & SOY.

Manufactured for and distributed by:
Dymatize Enterprises, LLC
Dallas, TX 75207 USA
(888) 334-5326

TYPICAL AMINO ACID PROFILE**
25g TOTAL AMINO ACIDS PER SERVING

BCAAs 5.4 g
LEUCINE 2.3 g
OTHER EAAs 5.9 g
GLUTAMINE† 5.1 g
OTHER CEAAs 2.7 g
NON-EAAs 8.2 g

44% ESSENTIAL AMINO ACIDS (EAAs): **11.3 g**
Why Leucine? Leucine is the BCAA that is directly involved in activating Muscle Protein Synthesis.

31% CONDITIONALLY ESSENTIAL AMINO ACIDS (CEAAs): **7.8 g**
Is Glutamine important? Yes! Glutamine supports muscle recovery after strenuous workouts.

25% NON-ESSENTIAL AMINO ACIDS (NON-EAAs): **8.2 g**
Why is non-essential... essential? Non-Essential aminos are foundational building blocks of muscle!

**All Amino Acids are naturally occurring in protein. Amounts are based on one serving. Full Amino Acid Profile can be found at: Dymatize.com/EliteCasein
†Includes Glutamic Acid

MADE IN THE USA FROM DOMESTIC AND INTERNATIONAL INGREDIENTS

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

DYMATIZE.COM

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