

CREATINE MONOHYDRATE

WARNING: Do NOT use if under the age of 18. Do not use if pregnant or nursing. Consult a healthcare professional prior to consumption if you have any pre-existing medical conditions or are taking any prescription, over-the-counter medication or other supplement. Improper use of this product will not improve results and is potentially hazardous to a person's health. Use only as directed. Do not use if the safety seal is missing or broken. If you experience ill feelings or any other adverse effects, discontinue this product immediately and consult a healthcare professional. Store in a cool dry place, KEEP OUT OF REACH OF CHILDREN.

"These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease."



Manufactured for distribution by:



Englewood, CO 80112

www.AxisLabs.net

1-877-AXIS-LABS Int: 303-221-2110

LBL0126

CRE03

LOT

(LOT code may be on the bottom of the bottle)

ESSENTIAL SERIES

AXIS LABS
PERFORMANCE DRIVEN NUTRITION

**ULTRA FINE
200 MESH**

**CREATINE
MONOHYDRATE**

M I C R O N I Z E D

100 SERVINGS
NET WEIGHT 300 GRAMS (17.6 OUNCES) | DIETARY SUPPLEMENT

AXIS LABS
PERFORMANCE DRIVEN NUTRITION

Supplement Facts

Serving Size: 1 Scoop (7g)
Servings Per Container: 100

	Amount Per Serving	%DV**
Creatine Monohydrate	5 g	1

* Percent daily values (DV) are based on a 2000 calorie diet.
Daily Value (DV) Not Established

Ingredients: Creatine Monohydrate

Directions: As a dietary supplement, mix one scoop in eight (8) ounces of juice or water and drink immediately. On workout days, take one (1) serving thirty (30) minutes prior to training and an additional serving no later than thirty (30) minutes post training.

Loading Phase: For the first seven (7) days of use, take one (1) scoop four (4) times daily (20g/day).

Maintenance Phase: For days eight (8) through thirty (30), take one (1) scoop two (2) times daily (10g/day). Cease consumption for seven (7) days and then repeat this cycle.

Allergen Warning: This product was produced in a facility that may have also processed ingredients containing milk, soy, eggs, soybeans, shellfish, fish and/or nuts.

Athlete Disclosure: Due to the unique restrictions of amateur and professional sports organizations (e.g., WADA, NCAA, NFL, MLB, NBA, UFL, etc.), it is recommended that you consult with the appropriate governing body before taking this or any other dietary supplement product.

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