

PLANETARY®
HERBALS

FULL SPECTRUM™
ST. JOHN'S WORT
EXTRACT

STANDARDIZED TO 0.3% HYPERICINS
FOR EMOTIONAL WELL-BEING*
600 MG • 60 TABLETS

HERBAL SUPPLEMENT
Approved by
Michael Tierra L.Ac, O.M.D
Michael Tierra

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%DV
Calcium	32 mg	3%
St. John's Wort Aerial Parts	500 mg	†
(Hypericum perforatum)		
Standardized Extract 0.3%		
Yielding 1.5 mg Hypericins		
St. John's Wort Aerial Parts Extract	100 mg	†
†Daily Value not established.		

Other ingredients: dibasic calcium phosphate, modified cellulose gum, stearic acid, silica, and magnesium stearate.

Suggested Use: 1 tablet twice daily, 1 in the morning and 1 in the evening.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

In recent years, St. John's wort has become the primary botanical for supporting mental well-being.* Planetary Herbals **FULL SPECTRUM™ ST. JOHN'S WORT EXTRACT** combines a standardized hypericins extract with a flavonoid-rich concentrate of St. John's wort aerial parts. Each tablet yields a minimum of 1.5 mg of pure hypericins.

WARNING: Do not use this product while taking any medication or if you have a medical condition, without the advice of your physician or pharmacist. St. John's wort is known to interfere with many prescription and non-prescription drugs, including oral contraceptives, antibiotics, antidepressants, anticoagulants, antihistamines, immunosuppressants, corticosteroids, diabetes drugs, antiviral, antiseizure, anticancer and cardiovascular drugs. It may also cause increased photosensitivity; limit exposure to UV radiation. If you are pregnant, may become pregnant, or breastfeeding, consult your healthcare professional before using this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
© PLANETARY HERBALS, LLC
P.O. BOX 1760
SOQUEL, CA 95073
www.planetaryherbals.com

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