



Foundational



Sports Performance†

SUGGESTED USE: Mix 1 scoop with at least 10 ounces of water, juice, or preferred beverage daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE

THORNE.COM



THORNE®

VegaLite™

Vanilla Flavored Vegan Protein

DIETARY SUPPLEMENT



NET WT 29.6 OZ
(1.85 LB) 841 G

SUPPLEMENT FACTS

Serving Size: One Scoop (28 g)

Servings Per Container: 30

One Scoop (28 g) Contains:		%DV
Calories	110	
Total Fat	1.5 g	2%*
Saturated Fat	0.5 g	3%*
Total Carbohydrate	3 g	1%*
Dietary Fiber	1 g	4%*
Total Sugars	1 g	**
Includes 1 g Added Sugars		2%*
Protein	20 g	40%*
Iron	4 mg	22%
Sodium	380 mg	17%
Proprietary Blend†	25 g	
Pea Protein Isolate		**
Rice Protein		**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Flavors, Medium Chain Triglyceride Oil, Stevia extract (leaf) (Rebaudioside A 95%), Silicon Dioxide.

†VegaLite, Thorne's trade name for proprietary pea / rice protein blend.

‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by:
THORNE RESEARCH, INC., 1-800-228-1966

Typical Amino Acid Amounts
(g) Per Serving:

Alanine	1.0
Arginine	1.9
Aspartic Acid	2.2
Cysteine	0.3
Glutamic Acid	3.3
Glycine	0.9
Histidine	0.5
Isoleucine ▲	1.2
Leucine ▲	1.7
Lysine ▲	1.6
Methionine ▲	0.4
Phenylalanine ▲	1.2
Proline	1.0
Serine	1.0
Threonine ▲	0.9
Tryptophan ▲	0.3
Tyrosine	0.9
Valine ▲	1.1

▲ Essential Amino Acid



SP673
LSP67309