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Compare to Centrum® Silver® Women 50+†

SPECTRAVITE ULTRA WOMEN'S HEALTH SENIOR

Promotes Bone & Breast Health* *SEE BOTTOM PANEL

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

Complete nutrient support formulated for women's health*

100 Tablets

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48855-01 EXP 07/15

Prod. 29526

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Vitamin A (as Retinyl Acetate and 43% as Beta-Carotene)	3,500 IU	70%
Vitamin C (as Ascorbic Acid)	100 mg	167%
Vitamin D (as D3 Cholecalciferol)	800 IU	200%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	35 IU	117%
Vitamin K (as Phytonadione)	50 mcg	63%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.1 mg	73%
Riboflavin (Vitamin B-2)	1.1 mg	65%
Niacin (as Niacinamide)	14 mg	70%
Vitamin B-6 (as Pyridoxine Hydrochloride)	5 mg	250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin (as d-Biotin)	30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	50%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	500 mg	50%
Iron (as Ferrous Fumarate)	8 mg	44%
Phosphorus (as Dicalcium Phosphate)	20 mg	2%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	55 mcg	79%
Copper (as Cupric Sulfate)	0.5 mg	25%
Manganese (as Manganese Sulfate)	2.3 mg	115%
Chromium (as Chromium Picolinate)	50 mcg	42%
Molybdenum (as Sodium Molybdate)	50 mcg	67%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Boron (as Sodium Borate and Boric Acid)	150 mcg	**
Nickel (as Nickel Sulfate)	5 mcg	**
Silicon (as Silicon Dioxide)	2 mg	**
Vanadium (as Sodium Metavanadate)	10 mcg	**
Lutein	300 mcg	**

**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Croscarmellose. Contains <2% of: Cellulose Coating, FD&C Blue #2 Lake, FD&C Red #40 Lake, Gelatin (Fish), Mannitol, Starch, Titanium Dioxide Color, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder) ingredients.

DIRECTIONS: For adult women, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

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Provides Essential Nutrients*
Supports Health & Well-Being*

WOMEN'S HEALTH	*Spectravite Ultra Women's Health Senior is nutritionally balanced to help deliver a mature woman's nutrient requirements**
SKIN, HAIR & NAILS	*Beta-carotene, biotin, and vitamins A, C and E help to support the health of the skin, hair and nails**
IMMUNE HEALTH	*Contains several key nutrients to help support a healthy immune system**
ENERGY METABOLISM	*Provides a full spectrum of B-vitamins to help support your body's energy metabolism**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

‡Refers to Vitamin D to help build strong bones and support breast health.*

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CVS® Quality Money Back Guarantee

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