400 mg • 60 Enteric Coated Tablets

DIRECTIONS: Take one (1) tablet one to three times daily in divided doses, preferably on an empty stomach, or as recommended by a healthcare practitioner. Take with co-factors

CAUTION: SAMe should not be taken by those diagnosed with bipolar disorder.

vitamins B12, B6, and folic acid. Store in a cool dry place.



- WARNINGS . KEEP OUT OF REACH OF CHILDREN.
- . DO NOT EXCEED RECOMMENDED DOSE.
- . Do not purchase if foil is broken or damaged.
- . When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



SAMe has multiple mechanisms of action that are used throughout the body*

Brain and Mood

SAMe boosts brain cell methylation and facilitates youthful DNA enzymatic actions. These enzymatic actions are required for the healthy conversion of neurotransmitters such as norepinephrine, dopamine and serotonin and may account for SAMe's mood-elevating properties. SAMe also helps maintain acetylcholine levels which are necessary for cognitive function.*

Liver and Detox

In order to perform its detoxification role, the liver continually performs large numbers of complex enzymatic reactions, SAMe facilitates healthy methylation enzymatic processes and boosts hepatic levels of glutathione, a critical antioxidant.*

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SAMe may help to ease inflammation and can support healthy joint mobility and function without side effects.*

LifeExtension

SAMe 400 mg

S-Adenosyl-Methionine



Supports Joints and Emotional Well-Being*

Dietary Supplement Enteric Coated Tablets

0E02174A

S-Adenosyl-

Supplement Facts Serving Size One Enteric Coated Tablet

Amount Per Serving % Daily Value 400 ma

Methionine **Daily value not established.

Other Ingredients: cellulose, methacrylic acid copolymer, mannitol, citric acid, titanium dioxide, stearic acid, silica, hydroxypropyl methylcellulose, glyceryl triacetate, sodium starch glycolate, croscarmellose sodium, vellow ochre.

Manufactured for: Quality Supplements and Vitamins, Inc. Ft. Lauderdale, Fl. 33309 LifeExtension.com To report a serious adverse event or obtain product information, contact

1-866-280-2852

Non-GMO