

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

1 or 2 capsules 2-4 times daily, or
as directed by your healthcare
professional.

Warning

If pregnant, consult your physician
before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN
(WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN,
WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†],
SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Metafolin® is a registered trademark
of Merck KGaA, Darmstadt, Germany

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net


VITAL
NUTRIENTS

Tyrosine and B Vitamins

DIETARY SUPPLEMENT
100 VEGETARIAN CAPSULES

Supplement Facts

serving size: 2 vegetarian capsules
servings per container: 50

	amount per serving	% daily value
Thiamin (as thiamine HCl)	12mg	800%
Riboflavin (vitamin B2)	10mg	588%
Vitamin B6 (as pyridoxine HCl)	12mg	600%
Folate (as L-5-MTHF) Metafolin®	50mcg	14%
Vitamin B12 (as methylcobalamin)	100mcg	1666%
Biotin	100mcg	34%
Pantothenic Acid (as calcium pantothenate)	20mg	200%
Niacinamide	50mg	*
Tyrosine	800mg	*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule,
Calcium Carbonate, Silica, and Leucine.

manufactured by
VITAL NUTRIENTS
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