

Directions: Stir or blend two scoops (42 g) into 10-12 ounces of cold water or as directed by your healthcare practitioner. To increase sweetness, use less water. To decrease sweetness, add more water.

Total Vegan® is a revolutionary plant protein blend featuring 5 hypoallergenic, vegan protein sources—pea, rice, hemp, chia and cranberry—to provide a well-balanced amino acid profile in a high protein formula. In addition to the well-rounded protein profile, Total Vegan® features many unique ingredients to support the immune system, the digestive system, body composition, bone health and detoxification.* Pea and rice protein provide a branch chain amino acid profile that is comparable to whey protein, providing high amounts of cysteine, lysine and methionine. This formula contains three additional protein sources, each with unique properties: organic hemp protein, which is rich in edestin that can stimulate antibody production; chia protein, which is desired by athletes for its endurance boosting properties and promotes hydration and a sense of fullness; and cranberry fruit protein, which has urinary tract and antioxidant benefits.* L-glutamine and L-tyrosine are added to Total Vegan® to support an increase in lean muscle mass.* Total Vegan® contains Aminogen®, a patented plant-derived enzyme blend, which helps the body break down and absorb more amino acids from protein.* It is clinically proven to release 100% more plasma amino acids, 250% more branched-chain amino acids and boost nitrogen retention by 32%.*

NuMedica's patented BrocColinate® offers high amounts of sulforaphane glucosinolate† and is provided along with calcium D-glucarate to offer powerful phase II detoxification support.* Therapeutic doses of suma root and arabinogalactans are provided for digestive and immune system support.* Suma root has powerful adaptogenic qualities that aid the body's ability to resist physical, biological and emotional stressors.* For optimal weight management, Medium Chain Triglycerides (MCT's) are included for their ability to promote thermogenesis in the body and thereby contribute to an enhanced metabolism and increase the burning of fat. AlgaeCal® is a high quality, all-natural, ocean algae – an excellent wholefood source of plant based calcium, magnesium and many bone supporting trace minerals.* Clinical studies show the unique properties of AlgaeCal® support the growth of bone.*

Total Vegan® has only 6 net carbohydrates and has a high (4:1) protein to net carbohydrate ratio, making it ideal for those with high protein and low carbohydrate needs.* This 4:1 ratio makes Total Vegan® compatible with NuMedica's h3 Trim™ Lifestyle Program. Net carbs are those which impact blood sugar levels. Net carbs are calculated by subtracting non-impact carbs such as fiber and sugar alcohols (xylitol) from the total carbohydrate count.*

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

This Formula Meets or Exceeds cGMP Quality Standards.

NuMEDICA®
ACHIEVING PHYSIOLOGICAL BALANCE

24g
PROTEIN
6 NET CARBS

**total
vegan®**
a comprehensive
plant protein blend

4:1
PROTEIN
TO CARBS

**5 PLANT
SOURCES**

**GLUTEN
FREE**

**DETOX
SUPPORT***
SULFORAPHANE 65
CALCIUM D-GLUCARATE

**5 HYPOALLERGENIC PROTEIN SOURCES:
PEA, RICE, HEMP, CHIA, CRANBERRY**

Dietary Supplement
Professional Use Only

SUITABLE FOR VEGETARIANS
588 g (20.74 oz) | 14 Servings

Natural Vanilla

Supplement Facts

Serving Size: 2 Scoops (42 g)
Servings Per Container: 14

Amount Per Serving

Calories	139	Calories from Fat	7
Amount per serving % Daily Value*			
Total Fat	<1 g	1 %	
Saturated Fat	0 g	0 %	
Cholesterol	0 mg	0 %	
Sodium	71 mg	3 %	
Potassium	12 mg	<1 %	
Total Carbohydrates	11 g	4 %	
Dietary Fiber	4 g	16 %	
Sugars	4 g	**	
Xylitol	1 g	**	
Protein	24 g	48 %	
Calcium	102 mg	10 %	
L-Glutamine	500 mg	**	
Broccoli seed extract	300 mg	**	
Providing:			
Sulforaphane Glucosinolate†	30 mg	**	
L-Taurine	250 mg	**	
Calcium D-Glucarate	200 mg	**	

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily value not established.

Ingredients: NuMedica's Total Vegan® Proprietary Protein Blend (pea isolate, rice concentrate, organic hemp, chia seed, cranberry fruit), natural vanilla flavors, evaporated organic cane juice, xylitol, arabinogalactans, L-glutamine, steviol glycosides, BrocColinate®, Aminogen®, medium chain triglycerides, AlgaeCal®, taurine, calcium D-glucarate, suma root 4:1 powder, salt, natural alpha-tocopherols.

Contains No: Milk, egg, fish, shellfish, wheat, tree nuts, peanuts, soy, yeast, whey, animal products, artificial colors, sweeteners or preservatives.

Typical Amino Acid Profile

Essential Amino Acids	mg per serving
L-Isoleucine	1,233
L-Leucine	2,266
L-Lysine	1,887
L-Methionine	322
L-Phenylalanine	1,456
Threonine	1,063
L-Tryptophan	280
L-Valine	1,364
Non-Essential Amino Acids	mg per serving
L-Alanine	1,168
L-Arginine	2,321
L-Aspartic Acid	3,046
L-Cysteine	297
L-Glutamic Acid	5,029
L-Glutamine	500
L-Glycine	1,088
L-Histidine	669
L-Proline	1,238
L-Serine	1,418
L-Taurine	250
L-Tyrosine	1,025

†Sulforaphane Glucosinolate is produced under US patents: 5,725,895; 5,968,567; 6,177,122; 6,242,018; 7,303,770 and patents pending.

AlgaeCal® is a registered trademark of AlgaeCal, Inc.

Aminogen® is a registered trademark of Triarco Industries and is protected by U.S. Patent No. 5,387,422.



NuMedica® 9503 E. 55th Place | Tulsa, OK 74145 | 800.869.8100 | www.numedica.com