

NEW**ESSENTIAL SERIES**

PLATINUM MULTI VITAMIN

ADVANCED MULTI VITAMIN**HIGH-POTENCY
VITAMINS & MINERALS****20**Vitamins
& Minerals**WITH ANTIOXIDANT
VITAMINS C & E****865mg**Amino
Support**7-DAY SUPPLY****21 CAPLETS****DIETARY SUPPLEMENT****Supplement Facts**

Serving Size: 3 Caplets

Servings Per Container: 7

Amount Per Serving	% Daily Value
Vitamin A (as retinyl acetate, beta-carotene)	12,000IU 200%
Vitamin C	135mg 225%
as ascorbic acid, calcium ascorbate	
Vitamin D (as cholecalciferol)	400IU 100%
Vitamin E (as dl-alpha-tocopheryl acetate, dl-alpha-tocopherol acetate)	90IU 180%
Thiamin (as thiamin mononitrate)	20mg 1,333%
Riboflavin	1.5mg 294%
Niacin (as niacinamide, nicotinic acid)	60mg 120%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal-5-phosphate)	10mg 200%
Folic acid	200mcg 100%
Vitamin B12 (as cobalamin)	100mcg 1667%
Biotin	100mcg 200%
Pantothenic acid (as calcium D-pantothenate)	50mg 100%
Calcium	100mg 20%
as calcium carbonate, calcium citrate	
Magnesium (as magnesium oxide)	140mg 35%
Zinc (as zinc oxide, zinc amino acid chelate)	9.0mg 180%
Copper (as copper amino acid chelate)	1mg 20%
Manganese	7mg 200%
as manganese sulfate monohydrate	
Molybdenum	10mcg 100%
as molybdenum amino acid chelate	
Sodium	10mg <1%
Potassium (as potassium chloride)	20mg 1%
Amino Support Matrix	800mg
Glutamine	500mg
ALA alpha-ketoglutaric acid	40mg
L-methionine	20mg
L-citrulline malate	20mg
L-arginine HCl	20mg
L-lysine	20mg
Herb Matrix	500mg
Green tea leaf extract (as Camellia sinensis)	250mg
Standardized for 75% polyphenolic polyphenols	
Saw palmetto fruit extract (as Serenoa repens)	50mg
Standardized for 25% fatty acids	
American ginseng white root extract (as Panax quinquefolius)	20mg
Standardized for 20% ginsenosides	
Ginsenosolol (as Ginsenosolol)	20mg

Amount Per Serving	% Daily Value
Grape leaf (as Vitis californica)	20mg
Grape seed extract (as Vitis californica)	20mg
Standardized to 20% polyphenols, 4.5% anthocyanins	
Green coffee bean extract (as Coffea arabica)	5mg
Standardized for 40% chlorogenic acids	
Yarnick, rhizome extract (as Curcuma longa)	5mg
Curcuminol (from rice oil)	10mg
Carotenoid Complex	50mg
Carotenoids	20mg
Carotenoids	20mg
Mineral Support Complex	20mg
Isotonic	10mg
Boron (as boron citrate)	10mg
Choline (as choline bitartrate, choline dihydrogen citrate)	5mg

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELOSE SODIUM, HYDROGENATED VEGETABLE OIL, COATING (TAUC, POLYETHYLENE GLYCOL, POLYSORBATE 80, MAGNESIUM STEARATE, SILICON DIOXIDE).

DIRECTIONS: Take 1 serving (3 caplets) with a glass of water daily. Read the entire label before use and follow directions provided.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. May cause flushing and itching. Women of childbearing age should limit daily vitamin A intake to 10,000 IU (excludes beta-carotene). Do not take while fasting. Do not use if you have had a myocardial infarction (heart attack). Consult a medical doctor before starting a diet or exercise program. **KEEP OUT OF REACH OF CHILDREN.**

Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F).

† MuscleTech® is America's #1 Selling Bodybuilding Supplement Brand based on cumulative wholesale dollar sales 2001 to present.

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▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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