

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

4

Recommendations

1 to 2 capsules 1-2 times daily, or as directed by your healthcare professional.

11

Warning

If pregnant, consult your physician before taking.

10

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.
[†]VERIFIED BY INDEPENDENT TESTING

9

Raw materials and finished products are independently tested by U.S. labs.
Learn more at vitalnutrients.net

8

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

7

6

5

4

3

2

1

0



PMS Support¹

DIETARY SUPPLEMENT
60 VEGETARIAN CAPSULES

Supplement Facts

serving size: 2 vegetarian capsules
servings per container: 30

	amount per serving	% daily value
Vitamin B6 (as pyridoxine HCl)	50mg	2500%
Chaste Tree Berry Extract (Vitex agnus-castus)	300mg	*
Wild Yam Root (Dioscorea villosa)	250mg	*
Dong Quai Root Extract (Angelica sinensis)	250mg	*
Bupleurum Root Extract	250mg	*
Passionflower Herb Extract	150mg	*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule, Leucine, Silica, and Magnesium Citrate.

manufactured by
VITAL NUTRIENTS

45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA