

Clinically Dosed, Muscle- & Performance-Enhancing BCAA Formula
MuscleTech® researchers have taken their most powerful amino acid formula ever and made it even better. Introducing AMINO BUILD® NEXT GEN – now with a new, advanced complex, featuring micronized BCAAs, clinically dosed betaine and powerful cell volumizers, plus coconut water, watermelon juice and now, delicious flavors. Unlike inferior products that are underdosed with gimmicky amino acids and no studies to back up their claims, AMINO BUILD® NEXT GEN is backed by 4 different clinical studies that demonstrate its muscle-, strength- and performance-enhancing abilities.*

Builds More Muscle Than Regular BCAA Formulas

1 AMINO BUILD® NEXT GEN features researched doses of many key ingredients that make it better than regular BCAA formulas. In fact, test subjects who supplemented with the exact dose of betaine in 2 scoops of AMINO BUILD® NEXT GEN (2.5g) built 3.75 lbs. of lean muscle in 6 weeks compared to 0.66 lbs. by the placebo group. That's over 5.5 times the muscle gained (vs. the placebo). Betaine has also been shown in a separate study to enhance muscle endurance.*



Cholewa et al., 2013, *Journal of the International Society of Sports Nutrition*, 10(1): 39.
Hoffman et al., 2008, *Journal of the International Society of Sports Nutrition*, 5(7): 67.

Increase Strength by Over 40%

2 AMINO BUILD® NEXT GEN is precisely formulated with a 4g dose of L-leucine (in 2 scoops), shown in a clinical study to help subjects increase their 5-rep max strength by over 40%.*

Ispoglou et al., 2011, *International Journal of Sports Physiology and Performance*, 6(2): 38-50.

Enhance Endurance Performance with the First Dose

3 The 1g dose of taurine found in 2 scoops of AMINO BUILD® NEXT GEN is clinically shown to improve performance in endurance athletes. And for a truly complete formula, precise doses of electrolytes were added to help replenish electrolyte stores that are depleted during your workout.*

Balshaw et al., 2012, *Amino Acids*, 44(2):592-591.

**NEW FORMULA,
AMAZING TASTE!**



PERFORMANCE SERIES



AMINO BUILD NEXT GEN

CLINICALLY DOSED BCAA FORMULA

BUILDS MORE MUSCLE THAN REGULAR BCAAS ^{▲ 1}

SHOWN TO BOOST STRENGTH BY 40% ^{▲ 2}

FIRST DOSE BOOST IN ENDURANCE ^{▲ 3}

Results based on over 100 clinical studies.
See back for study details.

30
SERVINGS

0 SUGAR
1g CARBS
per scoop

INGREDIENTS BASED ON
MULTIPLE CLINICAL STUDIES

ICY ROCKET FREEZE®
NATURAL & ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT NET WT. 9.91 oz. (281g)

Supplement Facts

Serving Size: 1 Scoop (10g)
Servings Per Container: Approx. 30

Amount Per	1 Scoop	% DV*	2 Scoops	% DV
Calories	25		50	
Total Carbohydrate	1g	<1%	2g	1%
Sugars	1g		2g	
Sodium	35mg	1%	70mg	2%
Potassium (as dipotassium phosphate)	18mg	1%	36mg	1%

2:1:1 BCAA Matrix

L-leucine (micronized)	2g		4g	
L-isoleucine (micronized)	1g		2g	
L-valine (micronized)	1g		2g	

Cell-Volumizing and Recovery Complex

Taurine	500mg		1g	
L-glutamine	500mg		1g	
L-alanine	500mg		1g	

Strength-Enhancing Compound

Betaine anhydrous	1.25g		2.5g	
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Electrolyte Blend

Sodium chloride	80mg		160mg	
Coconut water (as Coco nectar® (full))	50mg		100mg	
Watermelon juice (as Citrus Aventus® fruit)	50mg		100mg	
Dipotassium phosphate	40mg		80mg	

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value (DV) not established.

Other Ingredients: Malic Acid, Natural and Artificial Flavors, Silicon Dioxide, Citric Acid, Calcium Silicate, Sucralose, Acesulfame-Potassium, FD&C Blue No. 1. Contains coconut ingredients. Processed in a facility that also processes egg, fish, milk, peanut, shellfish, soy, tree nut and wheat ingredients.

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DIRECTIONS: Mix 1 scoop with 8 oz. of water. For full effects, mix 2 scoops with 16 oz. of water and consume pre- and intra-workout. Read the entire label before use and follow directions provided. If you want to add to your overall daily BCAA intake without the additional calories from drinking multiple protein shakes, you can also add 1 to 2 scoops to a jug of water and drink it over time.

WARNING: Not intended for use by persons under 18. Do not use if you are pregnant or nursing. Consult a medical doctor if you have a medical condition or before starting any diet or exercise program. **KEEP OUT OF REACH OF CHILDREN.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F).

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†MuscleTech® is America's #1 Selling Bodybuilding Supplement Brand based on cumulative wholesale dollar sales 2001 to present.



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