

Digestive System

Supports the Body's Digestive Process

Stock No. 5380-0
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This 30 day program contains two types of packets marked: **AM** (3 Proactazyme capsules) and **PM** (1 Anti-Gas TCM capsule and 2 Probiotic Eleven capsules).

RECOMMENDATION

Take the contents of one AM packet throughout the day before meals. (Take one capsule before breakfast, one capsule before lunch and one capsule before dinner); take the contents of one PM packet with your evening meal. Follow this pattern for 30 days.

Supplement Facts

Serving Size 1 AM Packet, 1 PM Packet

PROACTAZYME®

Serving Size 3 Capsules

Amount Per 3 Capsules		%Daily Value
Potassium (citrate)	78 mg	2%
Protease 4.5 [for protein]	28,500 HUT	*
Protease 6.0 [for protein]	4,500 HUT	*
Protease 3.0 [for protein]	24 SAPU	*
Amylase [for starch]	6,300 DU	*
Glucoamylase [for starch]	15 AGU	*
Lipase [for fat]	90 FIP	*
Cellulase [for fiber]	180 CU	*
Invertase [for sugar]	330 SU	*
Malt Diastase [for starch]	825 DP	*
alpha-Galactosidase [for sugar]	150 GalU	*
Peptidase [for protein]	3,000 HUT	*
Proprietary Blend	1125 mg	*

Beet root fiber (*Beta vulgaris*), caraway seed (*Carum carvi*), dandelion root (*Taraxacum officinale*), fennel seed (*Foeniculum vulgare*), gentian root (*Gentiana lutea*), ginger rhizome (*Zingiber officinale*), hemicellulase, beta-glucanase, phytase.

*Daily Value not established

Other Ingredients: Capsule (gelatin, water), cellulose (vegetable).

ANTI-GAS TCM

Serving Size 1 Capsule

Amount Per Capsule

Proprietary Blend

425 mg*

Extracts of: Agastache Tops (*Agastache rugosa*), Crataegus Fruit (*Crataegus pinnatifida*), Hoelen Sclerotium (*Poria cocos*), Magnolia Bark (*Magnolia officinalis*), Oryza Fruit (*Oryza sativa*), Shen-chu Whole Plant (*Massa medicata*), Citrus Peel (*Citrus reticulata*), Gastrodia Rhizome (*Gastrodia elata*), Ginseng Root (*Panax ginseng*), Typhonium Rhizome (*Typhonium flagelliforme*), Atractylodes Rhizome (*Atractylodes macrocephala*), Cardamon Fruit (*Amomum villosum*), Platycodon Root (*Platycodon grandiflorum*), Ginger Rhizome (*Zingiber officinale*), Licorice Root (*Glycyrrhiza uralensis*).

* Daily Value not established

Other Ingredients: Capsule (gelatin, water), magnesium stearate (vegetable), silicon dioxide (powdered silica).

PROBIOTIC ELEVEN®

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Serving Size 2 Capsules

Amount Per 2 Capsules

<i>Lactobacillus rhamnosus</i>	1.6 billion CFU	*
<i>Bifidobacterium bifidum</i>	1.2 billion CFU	*
<i>Lactobacillus acidophilus</i> (grown on milk)	1.2 billion CFU	*
<i>Lactobacillus brevis</i>	1.2 billion CFU	*
<i>Lactobacillus bulgaricus</i>	1.2 billion CFU	*
<i>Lactobacillus plantarum</i>	1.2 billion CFU	*
<i>Streptococcus thermophilus</i>	1.2 billion CFU	*
<i>Bifidobacterium infantis</i>	800 million CFU	*
<i>Bifidobacterium longum</i>	800 million CFU	*
<i>Lactobacillus casei</i>	800 million CFU	*
<i>Lactobacillus salivarius</i>	800 million CFU	*

* Daily Value not established

Other Ingredients: Capsule (gelatin, water), FOS (short and long chain), cellulose (plant fiber), magnesium stearate (vegetable).

Notice: Pregnant or lactating women should consult their health care provider prior to taking this supplement.

This product contains probiotic material.

FOR BEST RESULTS REFRIGERATE THIS BOX UPON RECEIPT

This carton was sealed for your protection. Do not use if outer shrink wrap is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.

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The basic function of the digestive system is to transform food and nutrients into energy. Each organ in this system has one sole purpose: to digest. The ingredients in this 30 day **Digestive System** program are formulated to support the digestive process, and to create an environment wherein food can be more readily digested, and nutrients can be more readily absorbed and then circulated throughout the body to nourish cells and muscles.*

By understanding our body's intricate and harmonious systems we can improve our own health and vitality, and share this wisdom with those we love.

Proactazyme: A plant-sourced enzyme that facilitates digestion and improves nutrient absorption. This enzyme supplement also helps with fat-soluble materials and waste, which helps detoxify the digestive system and improves elimination.*

Anti-Gas TCM: Its Chinese name *xiao dao* can be translated as "clear the congestion." This formula supports both the digestive and detoxifying functions of the body, and supports the natural elimination of excess moisture and toxins.*

Probiotic Eleven: A combination of 11 types of friendly bacteria that support proper digestion and nutrient absorption. Probiotics are important to the intestine and colon as they help produce enzymes, support immune function and help prevent constipation.*

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



Digestive System

Supports the Body's Digestive Process

DIETARY SUPPLEMENT - 30 DAY PROGRAM

60 PACKETS - (180 Capsules)

La función básica del sistema digestivo es de transformar los alimentos y nutrientes en energía. Cada órgano en este sistema tiene el sólo propósito de digerir. Los ingredientes en este programa de 30 días para el **Digestive System** está formulado para apoyar los procesos digestivos y crear un entorno donde los alimentos puedan estar listos para ser digeridos, y que los nutrientes puedan ser mejor absorbidos y luego llevados al cuerpo para nutrir las células y músculos.*

Al entender los intrincados y armoniosos sistemas del cuerpo podemos mejorar nuestra propia salud y vitalidad, y compartir este conocimiento con nuestros seres queridos.

Proactazyme: una enzima de fuente botánica que facilita la digestión y mejora la absorción de nutrientes. Este suplemento enzimático además ayuda con los materiales y desperdicios solubles en grasa, esto ayuda a la desintoxicación del sistema digestivo y mejora la eliminación.*

Anti-Gas TCM: Su nombre chino *xiao dao* puede traducirse en "aclara la congestión". Esta fórmula apoya tanto las funciones digestivas como desintoxicantes del cuerpo, y apoya la eliminación natural del exceso de humedad y toxinas.*

Probiotic Eleven: Es una combinación de 11 cepas de bacteria amigable que apoyan la digestión apropiada y la absorción de nutrientes. Los probióticos son importantes para los intestinos y el colon, ayudando a producir enzimas, a apoyar la función inmunológica y a prevenir el estreñimiento.*

**Estas afirmaciones no han sido evaluadas por la FDA. La información aquí presentada no pretende diagnosticar, tratar ni curar enfermedades.*