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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule, one to four times daily with food, or as recommended by a healthcare practitioner.

Scientific studies suggest calcium supplementation in divided doses with food in the morning and evening may yield the best results.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Q01963A



LifeExtension®

Calcium Citrate with Vitamin D



Healthy Bone Support*

Dietary
Supplement

200 Vegetarian
Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value	
Vitamin D3 (as cholecalciferol)	100 IU	25%
Calcium (as calcium citrate)	200 mg	20%

Other ingredients: vegetable cellulose (capsule), stearic acid, vegetable stearate, silica, modified food starch.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Non-GMO

Store tightly closed in a cool, dry place.