

Adult Suggested Use: 1/4 tsp. in water 1-3 times daily. **If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product.



SHAKE WELL
KEEP OUT OF REACH OF CHILDREN
STORE IN A COOL, DRY PLACE OUT OF SUNLIGHT.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured and Distributed by:
Mountain Meadow Herbs, Inc.
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Herbal Iron

Regulates Iron Metabolism

Supplement Facts

Serving Size: 1/4 tsp
Servings per Container: 96

Per Serving	%DV
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Proprietary Blend of Extracts	1.25 ml
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Stinging Nettle leaf	†
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Dandelion root	†
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Yellow Dock root	†
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† Daily Value (DV) not established	
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4 fluid oz.
Herbal Dietary Supplement

Other Ingredients: vegetable glycerine, distilled water, and approx. 5% organic grain alcohol.