Suggested Use: Take 8 capsules daily. We suggest dividing it up, taking 4 in the morning and 4 in the evening. **If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product.

KEEP OUT OF REACH OF CHILDREN STORE IN A COOL, DRY PLACE OUT OF SUNLIGHT.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured and Distributed by: Mountain Meadow Herbs, Inc. P.O. Box 9227 Kalispell, MT 59904 P. (888) 528-8615 F. (209) 671-1921 www.mountainmeadowherbs.com



Weight Control Caps Green Superfood Blend

639 mg. 240 capsules Herbal Dietary Supplement

	Supplement F Serving Size: 8 c Servings per Bottle:	acts capsules 30
	Per Serving	%DV
ì	Vitamin D3 10 mcg	<1%
1	Chromium (As Chromiun	n
	Arginate) 28 mcg	23%
7	Brewers Yeast 0.5 mg	†
	Coenzyme Q10 100 mg	t
	L-Carnitine 1000 mg	†
	Vitamin C 1000 mg	1660%
	Spirulina 1000 mg	†
	L-Glutamine 2000 mg	†
	† Daily value not established.	

Other Ingredients: Gelatin.



