

Suggested Use:

One level teaspoon per
8oz. hot water. Steep for
3-5 minutes covered.
Strain and enjoy.



MOUNTAIN
MEADOW
HERBS®

If you are pregnant, nursing,
have a medical condition or
are taking a prescription,
consult your health care
provider before using this
product. These statements
have not been evaluated by
the FDA. This product is not
intended to diagnose, treat,
cure or prevent any disease.
KEEP OUT OF REACH OF
CHILDREN.

Relaxing Tea

Half Pound

Supplement Facts

Serving Size:	1 cup
Servings per 1 lb:	336

Per Serving	%DV
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Proprietary Blend of Herbs †	
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<i>Chamomile fl, Passionflower lf, Skullcap hb, Spearmint lf, Catnip lf & fl, Oatstraw hb, Peppermint lf, Lemon Balm lf</i>	
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† Daily Value (DV) not established	
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Manufactured and Distributed by:
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