

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT



#### Recommendations

1 or 2 capsules daily with food or as directed by your healthcare professional.

#### Warning

If pregnant, consult your physician before taking.

**EXCLUDES** COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)<sup>†</sup>, MILK/DAIRY (CASEIN, WHEY)<sup>†</sup>, SOY PROTEIN<sup>†</sup>, EGG PROTEIN<sup>†</sup>, SUGAR.

<sup>†</sup>VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are independently tested by U.S. labs.  
Learn more at [vitalnutrients.net](http://vitalnutrients.net)

  
**VITAL**  
NUTRIENTS

## Borage Oil

COLD PRESSED  
EXTRACTED WITHOUT CHEMICALS

**DIETARY SUPPLEMENT**  
**60 SOFTGEL CAPSULES**

## Supplement Facts

serving size: 2 softgels • servings per container: 30

|                                            | amount<br>per serving | percent<br>daily value |
|--------------------------------------------|-----------------------|------------------------|
| Calories                                   | 20                    |                        |
| Calories from Fat                          | 20                    |                        |
| Total Fat                                  | 2g                    | 3%†                    |
| Saturated Fat                              | 350mg                 | <2%†                   |
| Cholesterol                                | 0                     | 0%†                    |
| Borage Seed Oil                            | 2000mg                | *                      |
| (cold pressed extracted without chemicals) |                       |                        |
| GLA                                        | min. 400mg            | *                      |
| (gamma linolenic acid)                     |                       |                        |
| (Typical range 400mg-480mg by A% method)   |                       |                        |

† Percent Daily Values are based on a 2000 calorie diet

\* Daily Value not established

Other Ingredients: Gelatin, Glycerin, Water, and Mixed Tocopherols.

manufactured for  
**VITAL NUTRIENTS**

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