Amount Per Serving		%DV
Greens Blend Chlorella Powder (Cracked Cell Wa Barley Grass, Spirulina, Alfalfa Juice Dandelion Leaf Powder, Watercress	Powder,	***
Spectra* M GRAC 4,000 foren Coffee Extract, Green Tea E: Broccol Sprout Concentrate, Onion Apple Extract, Acerola Extract, Car Queroelin, Tomato Concentrate, Brince Acai Concentrate, Turmeric Concen Basil Concentrate, Organo Conce Carrot Concentrate, Edienberry Cor Concentrate, Black Curant Extract, Loncentrate, Black Curant Extract, Loncentrate, Spriach Concentrate, Spriach Concentrate, Spriach Concentrate, Spriach Concentrate, Bloberry Concentrate, Spriach Concentrate, Concentrate, Spriach Concentrate, Concentr	Extract, nu Camu Concentrate, occoli Concentrate, trate, Garlic Concentrate, Cinnamon Concentrate, Mangoste Blueberry Extract, Switter, Chokeberry Con- oncentrate,	ntrate, oncentrate en veet Cherry centrate,
Unique IS-2™ (Bacillus Coagulans IS-2)*	4 Billion CFU	***
Ashwagandha Extract 1.5% Withanolides (Withania somnifera) (leaf and root)	100 mg	***
Bacopa Extract (Bacopa monnieri L) (aerial)	100 mg	***
Digestive Enzyme Blend Papain, Bromelain	15 mg	***

Percent Daily Values (DV) are based on a 2,000 calorie diet *Daily Value (DV) not established

Other Ingredients: Soluble Corn Fiber, Natural Flavors, Inulin, Gum Blend (Organic Gum Acacia, Organic Guar Gum, Xanthan Gum), Maltodextrin, Stevia. FREE OF: Gluten, Wheat, Dairy, Soy, Artificial Flavor and Color

Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your healthcare practitioner before taking any dietary supplement. Avoid this product if you are allergic to yeast, ragweed or daisy-like flowers. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if torn or damaged.

WARNING: This product contains a chemical known to the state of California to cause birth defects or other reproductive harm.

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Unique IS-2™ is a trademark of Unique Biotech Limited.

Ester-C° and Ester-C° are registered trademarks of The Ester C Company. U.S. Patent Nos. 6,878,744 and 6,197,813.

*At time of manufacture

Product of Canada

Carefully Manufactured for: Solgar, Inc., 500 Willow Tree Road

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GREAT TASTE | MIXES SMOOTHLY

ontuls GAN PROTEIN NUTRITIONAL SHAKE

SUITABLE FOR VEGANS **GLUTEN, WHEAT & DAIRY FREE**

BERRY

FLAVOR

MIXED



ONE PACKET CONTAINS:

20 grams of complete plant protein

Excellent source of fiber

NON-GMO

4 Billion CFU* - live unique IS-2™ probiotic

4,000 Spectra™ ORAC antioxidant activity

100% of DV of 15 key vitamins & minerals

SUGGESTED USE: For adults, mix one (1) packet (42g) in 12 ounces of your favorite non-dairy beverage of choice and blend or shake vigorously once daily. May also be blended with fresh fruit.

SUPPLEMENT FACTS Serving Size: 1 packet (42g)

Serving Size. I packet
Amount Per Serving
Calories
Calories from Fat
Total Fat
Saturated Fat
Cholesterol
Total Carbohydrate
Dietary Fiber
Sugars
Protein
Vitamin A (as Retinyl Palmit
Vitamin C (as Ester-C® Calcium Ascor
Vitamin D3 (as Cholecalciferol from Lich
Vitamin E (as d-Alpha Tocop
Vitamin K (as Phytonadione
Thiamin (Vitamin B1)
(as Thiamin Hydrochloride
Riboflavin (Vitamin B2)
Niacin (as Nicotinic Acid)
Vitamin B6 (as Pyridoxine Hy
Folic Acid
Vitamin B12 (as Cyanocoba
Biotin Pantothenic Acid
(as d-Calcium Pantothenate)
Calcium (as Tricalcium Phosp
Iron (as Ferric Glycinate)
Phosphorus
(as Potassium Phosphate,
Tricalcium Phosphate)
Iodine (as Potassium Iodide
Magnesium
(as Magnesium Bisglycina
Zinc (as Zinc Bisglycinate C
Selenium (as Selenium Glycinate C
Copper (as Copper Bisglycina
Manganese
(as Manganese Bisglycina
Chromium (as Chromium Ye
Molybdenum (as Molybdenum Glycinate
Sodium
Potassium
(as Potassium Phosphate, F

Amount Per Serving		%D\
Calories	160	
Calories from Fat	25	
Total Fat	3 g	5%*
Saturated Fat	1 g	5%*
Cholesterol	<5 mg	29
Total Carbohydrate	13 g	4%*
Dietary Fiber	7 g	28%*
Sugars	<1 g	**
Protein	20 g	30%*
Vitamin A (as Retinyl Palmitate) 5	5,000 IU	1009
Vitamin C (as Ester-C [®] Calcium Ascorbate)	60 mg	100%
Vitamin D3 (as Cholecalciferol from Lichen)	400 IU	100%
Vitamin E (as d-Alpha Tocopherol)	10 IU	33%
Vitamin K (as Phytonadione)	50 mcg	63%
Thiamin (Vitamin B1) (as Thiamin Hydrochloride)	1.5 mg	100%
Riboflavin (Vitamin B2)	1.7 mg	1009
Niacin (as Nicotinic Acid)	20 mg	1009
Vitamin B6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folic Acid	400 mcg	1009
Vitamin B12 (as Cyanocobalamin)	6 mcg	1009
Biotin	150 mcg	50%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%
Calcium (as Tricalcium Phosphate)	200 mg	20%
Iron (as Ferric Glycinate)	9 mg	50%
Phosphorus (as Potassium Phosphate, Tricalcium Phosphate)	250 mg	25%
lodine (as Potassium Iodide)	80 mcg	539
Magnesium (as Magnesium Bisglycinate Chelate)	40 mg	109
Zinc (as Zinc Bisglycinate Chelate)	7.5 mg	50%
Selenium (as Selenium Glycinate Complex)	70 mcg	100%
Copper (as Copper Bisglycinate Chelate)	2 mg	1009
Manganese (as Manganese Bisglycinate Chelate)	2 mg	100%
Chromium (as Chromium Yeast)	120 mcg	1009
Molybdenum (as Molybdenum Glycinate Chelate)	75 mcg	100%
Sodium	200 mg	89
Potassium (as Potassium Phosphate, Potassium Io	220 mg	69

Pea Protein Isolate, Brown Rice Protein. Hemp Seed Protein, Pumpkin Seed Protein Omega-3 EFA Blend Flaxseed Powder