

Biotin is a water soluble B Vitamin that supports the formation of keratin, a building block for skin, hair and nails.* Biotin also supports energy metabolism.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES NON-GMO PROJECT VERIFIED
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER
YES KOSHER-PARVE

NO YEAST, WHEAT OR CORN
NO SOY OR MILK
NO SALT OR SUGAR
NO PRESERVATIVES
NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE

Lot No:

Best by:

10A15NGPV



This product has been manufactured at a GMP Registered facility.



• HIGH POTENCY •

BIOTIN

10 mg

Certified Gluten-Free

▶ A vitamin supplement for healthy hair, scalp and nails*



Dietary Supplement

120 Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) capsule daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving		% Daily Value
Biotin (as d-Biotin)	10,000 mcg (10 mg)	3,333%

Other Ingredients: Cellulose, cellulose (capsule shell).

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
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