Directions: Adults, take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Lot No:

Best by:

05E15NL

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Supplement Facts

Serving Size 2 capsules
Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin C (from potassium ascorbate, calcium ascorbate, magnesium ascorbate, zinc ascorbate, manganese ascorbate, copper ascorbate, chromium ascorbate)	60 mg	100%
Thiamin (vitamin B1)(as thiamine hydrochloride, thiamine cocarboxylase chloride)	26 mg	1,733%
Riboflavin (vitamin B2)(as riboflavin, riboflavin 5' phosphate)	37 mg	2,176%
Niacin (as inositol hexaniacinate, Nicotinamide Adenine Dinucleotide Reduced [NADH])	53 mg	265%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate, pyridoxine *alpha*-ketoglutarate hydrochloride)	50 mg	2,500%
Folate (as folic acid and (6S)-5-Methyltetrahydrofolate - Quatrefolic®)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	400 mcg	6,667%
Biotin (as d-Biotin)	300 mcg	100%
Pantothenic Acid (as calcium d-pantothenate, pantethine)	76 mg	760%
Potassium (as potassium ascorbate)†	4 mg	<1%
Benfotiamine	25 mg	*
BioPQQ® (as Pyrroloquinoline quinone disodium salt)	5 mg	*
Nicotinamide Adenine Dinucleotide Reduced [NADH]	500 mcg	*

* Daily Value not established.

From the leader in vitamin B-complexes, comes Country Life's most advanced "coenzymated" formulation yet. This powerful and revolutionary complex provides essential B-Vitamins in a form the body can use.** This new formula supports increased energy production, nervous system support, and sugar metabolism.**

Quatrefolic® is a registered trademark of Gnosis, SpA. Covered by one or more claims of U.S. Patent # 7,947,662 CAS# 1181972-37-1. BioPQQ® is the trademark of MGC (Japan).

Quatrefolic

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGETARIAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
NO YEAST OR WHEAT
NO SOY OR MILK
NO SUGAR
NO PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE

Other Ingredients: Cellulose (capsule shell), cellulose, l-leucine, silica.

CAUTION: If you have a medical condition (including diabetes or hypoglycemia), taking medication or planning a surgery, consult your doctor before using this product. Not for use by women intending to become pregnant, pregnant women, lactating women. If any adverse reactions occur, stop taking the product and consult your doctor.

See box for Lot No. and Best By Date information.
Do not accept if seal is broken. Store between 59°-86° F.
Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 6403

ESTABLISHED 1971 Country® Life

COENZYME B-COMPLEX

ADVANCED

Certified Gluten-Free

- Supports increased energy production**
- Supports sugar metabolism**
- With Benfotiamine, PQQ and NADH

Dietary Supplement | **120 Vegetarian Capsules** | — Our PLEDGE of INTEGRITY — AUTHENTICITY • CLEANLINESS • FRESHNESS CONSISTENCY • ACCURACY

Looking for an energy boost**, also try...

Superior B-12
- Supports energy and stamina**
- In great tasting berry flavor
- Lozenge

You live a healthy, active life and fill your days with lots of exciting activities. You try to eat a balanced diet, exercise on a regular basis, and look for supplements that complement your lifestyle. B-complexes, which combine several different B-Vitamins, may be what you need.

At Country Life, we've been helping people live happy, healthy lives since 1971. Try our Coenzyme B-Complex Advanced, with its unique formula of 8 essential B-Vitamins. Feel for yourself why Country Life has been a leader in B-complexes for over 15 years.

At Country Life, integrity is our #1 ingredient. Every product is rigorously tested to ensure it measures up against Country Life's 5 Integrity Standards: 1) authenticity of ingredients; 2) cleanliness of ingredients; 3) freshness of ingredients; 4) consistency of the formula; and 5) accuracy of labeling.

Go to CountryLifeVitamins.com to learn more.

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This product has been manufactured at a GMP Registered facility.

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05E15NM

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Coenzyme B-Complex Advanced includes next generation essential B-Vitamins not found in other products:

Country Life is unique to include **NADH**. **NADH** is a coenzyme found in all living organisms that supports energy production.** As it is derived from dietary niacin, it is its own true coenzyme.**

Benfotiamine is the next level of Vitamin B-1 that is fat soluble, allowing it to quickly convert in the body.** This vitamin supports a healthy nervous system.**

Then comes **PQQ**, which has been proposed as the next essential B-Vitamin. **PQQ** has been shown to help increase mitochondria production.** Mitochondria are the power plants inside each cell that produce energy.

And as with all Country Life's Coenzyme B-complexes, this formula contains **Methyl Folate**. Country Life uses a patented form called Quatrefolic®, a new and improved fourth generation of folate. Folic acid is known to be critical in the maintenance of the nervous system.**

Quatrefolic

ESTABLISHED 1971 Country® Life

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Dietary Supplement | **120 Vegetarian Capsules** | — Our PLEDGE of INTEGRITY — AUTHENTICITY • CLEANLINESS • FRESHNESS CONSISTENCY • ACCURACY

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† Country Life always labels minerals in elemental weight.
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Country Life is passionate about helping you live a healthy, active life.

This extends into the environment we live in and the materials we use in our packaging.

We use 100% recycled paperboard.

RECYCLED
Packaging made from recycled material
FSC® C005506
FSC www.fsc.org

PLEASE HELP US IN OUR MISSION; RECYCLE THIS BOX & BOTTLE AFTER USE.

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NC