Adult Suggested Use: Take 4 capsules, 2 times daily, unless otherwise directed. "If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product.



KEEP OUT OF REACH OF CHILDREN STORE IN A COOK, DRY PLACE OUT OF SUNLIGHT.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured and Distributed by: Mountain Meadow Herbs, Inc. Somers, MT 59932, USA www.mountainmeadowherbs.com



120 capsules Dietary Supplement

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Supplement Facts Serving Size: 4 capsules Servings per Container: Per Serving %DV Proprietary Blend of Psyllium Husks Marshmallow root Peppermint leaf Parsley leaf Guar Gum Fructoologosaccharides † Daily value not established.

Other Ingredients: Gelatin capsules



