

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT



Recommendations

2 capsules 2 to 4 times daily
or as directed by your
healthcare professional.

Warning

If pregnant, consult your
physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN
(WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN,
WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†],
SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net


VITAL
NUTRIENTS

ALLER-C[®]
(Quercetin, C, & Bioflavonoids)

DIETARY SUPPLEMENT
100 VEGETARIAN CAPSULES

Supplement Facts

serving size: 2 veg capsules • servings per container: 50

	amount per serving	% daily value
Vitamin C (ascorbic acid)	900mg	1500%
Quercetin Dihydrate (min. 90% by HPLC)	500mg	*
Bioflavonoids 55-60% (citrus)	300mg	*
Bromelain (high potency)	100mg	*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule,
Leucine, Magnesium Silicate, and Silica.

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA