

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN

USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

1 capsule 1 hour before bedtime or as directed by your healthcare professional.

Warning

If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING



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VITAL
NUTRIENTS

5HTP
100mg

DIETARY SUPPLEMENT
60 VEGETARIAN CAPSULES

Supplement Facts

serving size: 1 vegetarian capsule
servings per container: 60

	amount per serving	percent daily value
Vitamin B6 (as pyridoxine HCl)	10mg	500%
5HTP	100mg	*
Pyridoxal 5' Phosphate	4mg	*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule, Rice Powder, Magnesium Citrate, and Leucine.

Raw materials and finished products are independently tested by U.S. labs.
Learn more at vitalnutrients.net

manufactured by
VITAL NUTRIENTS
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