

Directions: Take one teaspoon or add to water, juices, smoothies, or favorite recipes. One heaping teaspoonful is equivalent to about 1/4 cup of berries. Feel the power of real, unaltered berries—the power of trapped sunlight. Use daily to support a healthy immune system.*

Elder-C is the potency of air-dried elderberries plus wild, raw camu camu powder. Each serving of Elder-C contains over 110 mgs of vitamin C, 150% of the RDI. Elder-C is ideal for supporting a healthy immune and respiratory response.* These elderberries are a top source of flavonoids and anthocyanins in their most potent form.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**North American
Herb & Spice**



Elder-CTM

Elderberry anthocyanins plus wild vitamin C

Healthy immune support*

NET WT. 3.0 OZ. (85 grams) Dietary Supplement

Supplement Facts

Serving Size: 1 teaspoon (2 grams)

Servings Per Container: 42

Amount Per Serving	% Daily value
Elderberry powder	*
Wild Amazon camu camu berry powder	*
Whole food vitamin C 110 mgs	150%
*Daily value not established	

**Non-GMO • gluten-free
no additives • no added sugar • nothing artificial**

Mfd. for North American Herb & Spice
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