

## Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 45

| Amount Per Serving                                                                                                         |           | % Daily Value** |
|----------------------------------------------------------------------------------------------------------------------------|-----------|-----------------|
| Vitamin A (as natural beta carotene)                                                                                       | 10,000 IU | 200%            |
| Vitamin C (as ascorbic acid)                                                                                               | 250 mg    | 417%            |
| Vitamin B-12 (as methylcobalamin)                                                                                          | 100 mcg   | 1,667%          |
| Iodine (from kelp)                                                                                                         | 75 mcg    | 50%             |
| Zinc (as zinc gluconate)                                                                                                   | 5 mg      | 33%             |
| Selenium (as L-selenomethionine)                                                                                           | 100 mcg   | 143%            |
| Gugulipid® ( <i>Commiphora mukul</i> ) (resin)                                                                             | 500 mg    | †               |
| [Standardized for 2.5-3.5% guggulsterones (12.5-17.5 mg)]                                                                  |           |                 |
| Ashwagandha extract ( <i>Withania somnifera</i> ) (roots)                                                                  | 150 mg    | †               |
| [Standardized for 1.0% total alkaloids (1.5 mg), 1.5% total withanolides (2.25 mg), and 0.5% total withaferin-A (0.75 mg)] |           |                 |
| Rosemary Extract ( <i>Rosmarinus officinalis</i> ) (leaf)                                                                  | 25 mg     | †               |
| [Standardized for 6% Rosmarinic acid (1.5 mg)]                                                                             |           |                 |
| Tyrosine                                                                                                                   | 500 mg    | †               |

† Daily Value not established

\*\*Daily Values are based on a 2,000 calorie per day diet.

**Other Ingredients:** vegetable cellulose (capsule), vegetable stearate, and rice flour.

May contain trace amounts of crustacean shellfish.

**Patient One**  
MediNutritionals

# Thyroid Maintenance\*

With standardized Gugulipid®,  
Ashwagandha & Rosemary Extracts

DIETARY SUPPLEMENT

90 Vegetable Capsules

GLUTEN FREE



**SUGGESTED USE:** Take 2 capsules daily, preferably with a meal, as a dietary supplement, or as directed by a health care professional.

**FREE OF:** milk, egg, peanuts, soybeans, tree nuts, wheat, yeast, gluten, sugar, artificial sweeteners, flavors and colors. Free of ingredients derived from GMOs.

**CAUTION:** Women who are pregnant or lactating should not use this product. If you are taking any medications, consult your doctor before use. Discontinue use and consult doctor if any adverse reactions occur.

Gugulipid® is a registered trademark of Sabinsa Corporation.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROD. NO. P1022-90

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