

Scan for
product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Dissolve in mouth or chew one (1) lozenge 1 to 8 times daily, or as recommended by a healthcare practitioner.

Non-GMO

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Q01536F



LifeExtension®

**Methyl-
Cobalamin**

1 mg



**Neurologically Active
Form of Vitamin B12**

Dietary
Supplement

60 Vegetarian
Lozenges

Supplement Facts

Serving Size 1 Vegetarian Lozenge

Amount Per Serving	% Daily Value	
Vitamin B12 (as methylcobalamin)	1 mg	16,667%

Other ingredients: xylitol, sorbitol, maltodextrin, stearic acid, vegetable stearate, microcrystalline cellulose, natural vanilla flavor, rice starch, modified food starch.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Florida 33309
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.