

Supplement Facts**Serving Size:** 1 Capsule

Amount Per Serving	% Daily Value
Melatonin (Gradual Release)	3 mg †

† Daily Value not established

Other Ingredients: sugar spheres, vegetable cellulose, magnesium silicate, food glaze

FREE OF: milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat, yeast, gluten, rice, and artificial sweeteners, flavors, colors, and preservatives. Free of ingredients derived from GMOs.

Suggested Use: Take 1 capsule 1/2 hour to 1 hour before bedtime as a dietary supplement, or as directed by a qualified health care professional.

Use only if safety seal is intact. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

Patient One
MediNutritionals

Melatonin

3mg Gradual Release

Promotes Restful Sleep*

DIETARY SUPPLEMENT
60 Vegetable Capsules
GLUTEN FREE



CAUTION: Not to be taken by pregnant or lactating women. May have sedating effects and is for bedtime use only. Use may be contraindicated in depression, seasonal affective disorder, schizophrenia, autoimmune disease, asthma and for individuals taking MAO inhibitors or corticosteroids.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROD. NO. P1056-60

To refill please contact your practitioner or call
1-877-723-0777

or visit www.patientoneformulas.com

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