

# Swanson U L T R A<sup>®</sup>

The Most Advanced Nutrition Technology

VEG CAPS

Ultimate  
Ashwagandha

KSM-66<sup>®</sup>

Herbal Supplement

60 VEGGIE CAPSULES • 250 mg



- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

#### SUGGESTED USE:

As a dietary supplement, take one veggie capsule one to two times per day with water.

**WARNING:** Do not take this product if you are pregnant or nursing.

#### Supplement Facts

Serving Size 1 Veggie Capsule

##### Amount Per Serving

|                                                                          |         |
|--------------------------------------------------------------------------|---------|
| KSM-66 <sup>®</sup> Ashwagandha Extract                                  | 250 mg* |
| (made with certified organic ashwagandha)<br>(Withania somnifera) (root) |         |

\*Daily Value not established.

Other ingredients: Hypromellose (vegetable capsule), rice bran, silica, rice extract.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148  
or visit our website at [www.swansonvitamins.com](http://www.swansonvitamins.com)

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