

This product has been developed, manufactured and packaged by Vitamin World. Our world-class facilities allow us to control exactly what goes into each product. It is your assurance that you are getting the highest quality and freshest products. *You have our guarantee!*

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **5832**
www.vitaminworld.com

1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
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VITAMIN WORLD
get healthy.

Magnesium

250 mg

*Supports Bone and Muscle Health**

Vegetarian Dietary Supplement

200
CAPLETS

DIRECTIONS: For adults, take one (1) to two (2) caplets daily, preferably with a meal.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	
Magnesium (as Magnesium Oxide)	250 mg	63%

Other Ingredients: Vegetable Cellulose, Vegetable Magnesium Stearate.

Magnesium plays an essential role in maintaining proper bone mineralization.* Magnesium is also involved in muscle contractions and nerve impulses.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.