WE WANT YOU TO KNOW That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much





ZEAXANTHIN

OMEGA 3 FISH OIL FROM SMALL FISH

VITAMIN D AS D3

ZINC

**B12 AS METHYLCOBALAMIN** FOLATE AS METHYLFOLATE

**3 DELICIOUS FLAVORS** LEMON LIME, CHERRY, and SOLID APPLE





zinc for IMMUNITY' vitamin B12 for ENERGY

90 GUMMIES

Directions: For teenage boys, take four (4) gummles daily. May be taken with or without food

Serving Size 4 Gummies Servings Per Container About 22		
Amount Per 4 Gummy Serving		aily Vah
Calories	35	
Total Carbohydrate	8.9	3%1
Sugara	5.9	**
Includes 5 g Added Sugars		
Vitamin A (as 50% beta-carotene, 50% retnyl paimitate USP)	450 mg	50%
Vitamin C (as ascorbic acid USP)	60 reg	100%
Vitamin D (as cholecalcifersi USP)	20 mcg (800 fJ)	100%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	15 reg	100%
Thiamin (as thiamine mononitrate USP)	0.12 mg	10%
Riboflavin USP	0.13 mg	10%
Niscin (Vitamin B-3 as inositol riscinate)	16 reg	100%
Vitamin B-6 (as purklosine hydrochloride USP)	3.4 mg	
Foliate (as L-methylfoliate, calicium selt) 18	300 mag DFE 0 mag L-methyfloli	75% sta
Vitamin B-12 (as methylophalamin)	4.8 mag	200%
Biotin USP	30 mcg	
Pantothenic acid (as calcium D-pantothenate USP)	5 mg	100%
Choline (as choline bitertrate)	22 mg	4%
lodine (as potassium iodida USP)	150 meg	100%
Zinc (as zinc citrate USP)	11 mg	100%
Selenium (as sodium selenite)	27.5 recg	50%
Manganese (as manganese amino acid chetate)	1.15 mg	50%
Chromium (se chromium picolinate)	17.5 mg	
Molybdenum (as molybdenum amino-acid complex)	22.5 mg	50%
Sodum	15 reg	< 1%
Fish Oil	300 mg	
Total Ornega-3 Fatty Acids	111 mg	**
EPA (Eicosapentaenoic Acid)	33 mg	**
DHA (Docosshexsenoic Acid)	22 mg	**
Lutein (from marigold)	6 mg	**
Zeasanthin (from marigold)	1 mg	**
Inositol (as inosito) niacinate)	4 mg	

## **FREE OF**

GMOs, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs,

## **EVERY BATCH 3RD PARTY LAB TESTED**

WARNING Keep out of reach of children. Consult your health care provides before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage

Manufactured in California from domestic and imported ingredients Distributed by SmartyPants, Inc., Marina del Rev. CA 90292 USA. For Customer Support: 1-888-751-2291 Hoot@SmartyPantsCorp.com





Do not freeze, product may darken over time















