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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule once or twice daily (morning and evening) with or without food, or as recommended by a healthcare practitioner.

Non-GMO

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Q00987I



LifeExtension®

Natural Stress Relief



Promotes a Healthy
Response to Stress*

Dietary
Supplement

30 Vegetarian
Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
Cyracos® lemon balm extract (leaf)	300 mg **
Suntheanine® (L-Theanine)	200 mg **

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), maltodextrin, microcrystalline cellulose, stearic acid.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309 • LifeExtension.com
To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Suntheanine® is a registered trademark of Taiyo International, Inc. Use of Suntheanine® is protected by US Trademark Registration No. 2,548,957.

cyracos® is a registered trademark of Naturex.