

WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

VEGETARIAN SUPERSTAR INGREDIENTS

VEGETARIAN OMEGA 3s

PROBIOTIC* *BACILLUS SUBTILIS*

FOLATE AS METHYLFOLATE

VITAMIN D AS D3

VITAMIN B12
AS METHYLCOBALAMIN

BIOTIN

IODINE

CHOLINE

ZINC

3 DELICIOUS FLAVORS
GRAPE, BLUEBERRY, and MIXED BERRY

SMARTY PANTS® ORGANICS



PRENATAL COMPLETE

VEGETARIAN



MULTIFUNCTION

MULTI and OMEGA 3s
probiotics for DIGESTION*
folate for FETAL DEVELOPMENT*
vitamin D3 for BONES*
vitamin B12 for ENERGY*

120 VEGETARIAN
GUMMIES

DIETARY
SUPPLEMENT

Directions: For pregnant or lactating women, take four (4) gummies daily. May be taken with or without food.

Supplement Facts

Serving Size 4 Gummies
Servings Per Container 30

Amount Per 4 Gummy Serving	% Daily Value*
Calories	90
Total Carbohydrate	11 g 4%
Sugars	7 g **
Includes 7 g Added Sugars	15%
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	528 mcg 40%
Vitamin C (as organic ascorbic acid extract)	48 mg 40%
Vitamin D (D3) as cholecalciferol USP	30 mcg (1,200 IU) 200%
Vitamin E (as d-alpha-tocopherol from sunflower oil FOS)	14.3 mg 25%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.14 mg 10%
Riboflavin USP (Vitamin B-2)	0.16 mg 10%
Niacin (Vitamin B-3 as nicotinamide USP)	18 mg 100%
Vitamin B-6 (as pyridoxal hydrophosphate)	2 mg 100%
Folate (as L-methylfolate, calcium salt)	600 mcg DFE 100%
	340 mcg L-methylfolate
Vitamin B-12 (as methylcobalamin)	3.5 mcg 100%
Biotin USP	17.5 mcg 50%
Pericollin acid (as calcium D-glycyl-L-histidine USP)	7 mg 100%
Choline (as choline bitartrate USP)	10 mg 2%
Iodine (as potassium iodide USP)	298 mcg 100%
Zinc (as zinc citrate USP)	3.9 mg 20%
Selenium (as sodium selenite)	14 mcg 20%
Sodium	25 mg 1%
Organic Flax Seed Oil	341 mg **
Omega-3 (as Linolenic Acid)	171 mg **
Omega-6 (Linoleic Acid)	49 mg **
Omega-9 (Oleic Acid)	58 mg **
Vitamin K-2 (menaquinone-7)	18 mcg **
Inositol (from inositol hexanic acid)	5 mg **
Bioflavonoids (organic malic acid 47%, D-1118)	10 mg **
5 Billion CFU	

* Percent Daily Value based on a 2,800 calorie diet.
** Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Organic Lemon Concentrate, Pectin, Organic Natural Flavors, Colors Added (Organic Black Currant Concentrate, Organic Magenta Berry Concentrate), Sodium Citrate, Citric Acid, Organic Sunflower Oil, Corn Starch, Organic Carnauba Wax.

FREE OF

soy, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, gluten, peanuts, tree nut allergens, fish allergens, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED

WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in Canada and packaged in California.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

Certified Organic by QAI

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@SmartyPants www.SmartypantsVitamins.com



This bottle contains 80% post-consumer recycled material and label is 100% post-consumer recycled material.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

