

WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

↘ SUPERSTAR INGREDIENTS ↙

OMEGA 3 FISH OIL
FROM SMALL FISH

CoQ10

B12 AS METHYLCOBALAMIN

VITAMIN D AS D3

LYCOPENE

FOLATE AS METHYLFOLATE

IODINE

ZINC

3 DELICIOUS FLAVORS

LEMON CRÈME,
BLUEBERRY, and BLACKBERRY

SMARTY PANTS®

NON
GMO

MEN'S COMPLETE



MULTIFUNCTION

120 GUMMIES

DIETARY
SUPPLEMENT

MULTI and OMEGA 3s
CoQ10 for HEART*
vitamin B12 for ENERGY*
vitamin D3 for BONES*
lycopene for PROSTATE*

Directions: For adult men, take six (6) gummies daily. May be taken with or without food.

Supplement Facts

Serving Size 6 Gummies
Servings Per Container 20

Amount Per 6 Gummy Serving		% Daily Value
Calories	60	
Cholesterol	< 5 mg	< 1%
Total Carbohydrate	11 g	4%†
Supers	7 g	**
Vitamin A (as retinyl palmitate USP)	1500 IU	30%
Vitamin C (as ascorbic acid USP)	60 mg	100%
Vitamin D (as cholecalciferol USP)	1200 IU	300%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	30 IU	100%
Thiamin (as thiamine mononitrate USP)	0.68 mg	9%
Riboflavin USP	0.26 mg	16%
Niacin (as niacinamide USP)	4 mg	20%
Vitamin B-6 (as pyridoxine hydrochloride USP)	2 mg	100%
Folate (as L-methylfolate, calcium salt)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	100 mcg	1667%
Biotin USP	45 mcg	16%
Pantothenic acid (as calcium D-pantothenate USP)	1.6 mg	16%
Iodine (as potassium iodide USP)	150 mcg	100%
Zinc (as zinc citrate USP)	15 mg	100%
Selenium (as sodium selenite)	14 mcg	20%
Sodium	25 mg	1%
Fish Oil	510 mg	**
Total Omega-3 Fatty Acids	162 mg	**
EPA (Eicosapentaenoic Acid)	72 mg	**
DHA (Docosahexaenoic Acid)	54 mg	**
Lycopene	8 mg	**
Choline (as choline bitartrate USP)	18 mg	**
Inositol FCC	30 mcg	**
Coenzyme Q10 (as ubiquinone USP)	120 mg	**

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Natural Flavors, Colors Added (Organic Turmeric, Organic Black Carrot Juice Concentrate, Maqui Berry), Medium Chain Triglycerides from Coconut Oil, Carnauba Wax, Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only

FREE OF

GMOs, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, peanuts, tree nut allergens, fish allergens, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED

WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

