COOKIES & CREME

RTD 51

- Contains slow-digesting proteins for extended muscle support*
- Loaded with BCAAs and other essential aminos from high-quality protein
- Excellent source of over 20 vitamins and minerals essential for protein metabolism and other metabolic functions*
- · Helps replenish energy*
- · Low in fat
- No aspartame

Directions For Adult Use: Brink one to two cares per day to support your daily high probein and calorie needs. To support musée-building, consume approximately i grant of protein per pound of body weight from all dietary sources per day. For best results, drink 1 can ef RTD 51 immediately following your workout to help support muside recovers.

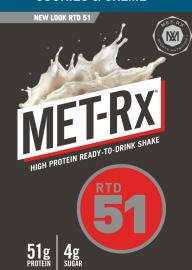
"Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Shake Gently • Serve Chilled Contents Under Pressure; Open Slowly to Reduce Potential Splashing.

REFRIGERATE AFTER OPENING KEEP OUT OF BEACH OF CHILDREN

Manufactured in the USA with select ingredients from around the world for MET-Rx Nutrition, Isc., Boca Raton, FL 33487 ©2017 Questions? Call toll free 1-800-55-MET-Rx To learn more, please go to www.METRx.com





NATURALLY & ARTIFICIALLY

FLAVORED

• 0a TRANS FAT

100% DV CALCIUM

15 fl. oz. (443 mL) NOTICE: Use this product as a f

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

MET-RX

Nutrition Facts

Serving Size 1 Can **Amount Per Serving** Calories 260 Calories from Est 20 %Daily Value** Total Fat 2.5q Saturated Fat 1g 5% Trans Fat 0g Cholesterol 40mg Sodium 160mg 7% Potassium 410mg 12% Total Carbohydrate 80 3% Dietary Fiber 3g 129 Sugars 4g

Protein 51g	102%	
Vitamin A 30%	Vitamin C 50%	
Calcium 100%	Iron 15%	
Vitamin D 40%	Vitamin E 45%	
Vitamin K 30%	Thiamin 70%	
Riboflavin 50%	Niacin 45%	
Vitamin B-6 50%	Folic Acid 45%	
Vitamin B-12 60%	Biotin 35%	
Pantothenic Acid 50%	Phosphorus 80%	
Iodine 25%	Magnesium 20%	

Chromium 25% Mo		Molybde	num 25
"Percent Daily Value values may be higher	or lower depending	on your calorie ne	eds:
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	200	250
Cholesterol	Less than	300mg	300m
Sodium	Less than	2,400mg	2,400
Potassium		3,500mg	3,500
Total Carbohydrate		300g	375g

Manganese 409

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4
Ingredients: Water, Metamysyn® VPB Protein Blend, Milk Protein Concentrate, Whey

Conner 20%

Pates Courtain Claim Castella, Coop Processe via Nasili, Nauria Pates Posteria Castella, Coop Processe via Nasili, Nauria Pates Rosso (Service Andrea Rosso), Collabor Castella, Posteria Castella, Posteria Coop Rosso (Allamon Rosso), Collabor (Pates Andrea Rosso), Castella, Andrea Castella, Castella, Pates Castella, Castella, Pates C